



## What Stealth Belt® Users Are Saying

"No single purchase has made more of an impact on alleviating the stress associated with living with my ostomy. It made an immediate and dramatic difference."  
- Lane B.

"It is an ABSOLUTE GAME CHANGER. I got an ostomy in 2015, but I've never been able to find anything that I could wear for longer than 2 hours until Stealth Belt. It was the first time I was able to swim in a pool and submerge my stomach in 5 years, and I started to cry. I cannot thank you enough for creating this product, and I just wanted to say THANK YOU from the bottom of my heart."

- Andrea V.



"This product has set me free! Haven't had a leak of mishap since wearing it, even after a rigorous trip to Europe, on airplanes and not in the comfort of home. A brilliant and needed product! Keeps me safe and secure. Could not recommend enough. Just purchased another one!"  
- Joseph L.



"My WOC nurse showed me a Stealth Belt, and I knew right away that I wanted one. I just could not imagine going a single day without them. I wear them all day, every day, and I know they will last for a very long time!"  
- Desiree B.



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## Academic Study Demonstrates The Stealth Belt® Difference

Academic research from the University of South Alabama indicates that STEALTH BELT® support garments reduce the frequency of leakage as well as incidence and frequency of skin irritation when compared to patients wearing other types of ostomy belts or those not wearing an ostomy support garment.

Research conducted by:  
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Janice Colwell MS, ARPN, CWOCN, FAAN



# Results Backed By Research

A forthcoming IRB-approved, mixed method academic study, conducted by the University of South Alabama, examines ostomy-related complications and their impact on quality of life for ostomates. The study finds that leakage and peristomal skin irritation are common ostomy-related complications that have statistically significant impacts on the quality of life for patients following ostomy surgery.

## Leakage

- 90% of ostomates surveyed reported experiencing leakage
- Wearing a STEALTH BELT® support garment significantly reduces the frequency of leakage as compared with patients wearing other types of ostomy belt or those not wearing a support garment.

Frequency of Leaks	Support Belt		P value
Leakage Per Month	Non Stealth Belt® Users	Stealth Belt® Users	One Sided Z Test for 2-prop@
More frequently than once per month	40.45%	26.87%	.0388*
Less frequently than once per month	59.55%	73.13%	.0388*

\*statistically significant

The study further finds that reducing the frequency of leakage has a statistically significant impact on quality of life:

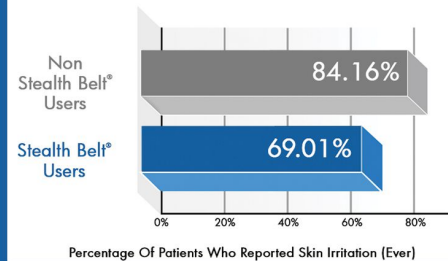
Quality of Life	Leakage Frequency	Mean QOL Score	Std Dev	P value (t test) One-sided*
Total COH QOL Score	Less frequently than once per month	6.5675	1.1973	0.0018*
	More frequently than once per month	5.8803	1.4564	

\*statistically significant

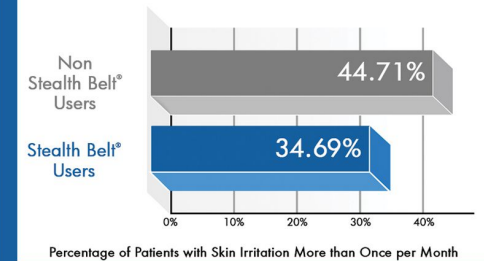
# Skin Irritation

- 77% of ostomates surveyed reported having peristomal rash or skin irritation.
- It is clinically relevant that STEALTH BELT® support garments reduce the incidence and frequency of peristomal skin irritation as compared with patients wearing other types of ostomy belts or those not wearing an ostomy support garment.

## Incidence of Peristomal Skin Irritation



## Frequency of Peristomal Skin Irritation



The study finds that reducing the incidence of peristomal rash or skin has a statistically significant impact on quality of life:

Quality of Life	Rash or Skin Irritation	Mean QOL Score	Std Dev	P value
Total COH QOL Score	No, rash or skin irritation	6.9209	1.044	0.0321*
	Yes, rash or skin irritation	5.364	1.3485	

\*statistically significant

## Help Patients Improve Quality of Life

Leakage and peristomal skin irritation are common complications following ostomy surgery and they have significant impacts on patient quality of life. Help your patients address leakage and skin irritation and improve their quality of life by recommending a STEALTH BELT® support garment.

Call 800.237.4491 ext. 82 or visit [www.stealthbelt.com/ostomy-nurses](http://www.stealthbelt.com/ostomy-nurses) to order materials to hand out to your patients.