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Safety Practices at the NSWOCC National Conference

We are looking forward to seeing everyone in person at the NSWOCC 42nd National Conference in Ottawa May 3-7, 2023. Although restrictions have been minimized and lifted in Ontario, we still encourage everyone to be aware of attending conference with large participation and to feel comfortable.

Here's what you need to know before attending and during the conference:

NSWOCC National Conference Safety Practices

NSWOCC is implementing the following measures to ensure a safe educational experience:

- Health and safety measures will be in place as issued and/or recommended by federal, provincial, and local health authorities, including the conference venue, Public Health Agency of Canada, and Ottawa Public Health.
- Mask Wearing: In-person conference attendees may choose to wear a mask at conference events but are not required to do so.
- Physical Distancing: All session and breakout room seating will follow local distancing guidelines at the time of the event.
- QR Codes, Handouts & Digital Assets: In an effort to minimize touchpoints, while also remaining environmentally friendly, NSWOCC will be limiting the number of printed materials at the conference, including handouts, session materials, conference syllabus, and educational program. NSWOCC is making as many resources as possible available electronically through the www.nswoccconference.com website, and via the use of the QR Codes on your conference name badge.
- Cleaning & Hygiene: High-touch areas will be regularly cleaned and sanitized. Hand sanitizer will be positioned at key locations throughout the event. Handwashing at regular intervals is encouraged.
- Meals: Lunches where higher numbers of delegates will attend will be individually packaged.
 Breakfast and dinner food stations will be carefully monitored.
- COVID Protocol Communication: Health and safety guidelines will be communicated on the nswoccconference.com website if required.
- Please be aware that the safety protocols may change if the situation evolves.



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Conference Participant Expectations:

- Adhere to all federal, provincial, and local health authority guidelines while traveling to and while at the conference;
- Do not participate if you are experiencing any flu-like symptoms or have recently been exposed to anyone who tested positive for COVID 19 or variants;
- Engage in additional responsible health and safety practices, traveling to and at the conference;
- Act in the best interests of your own well-being, and that of your fellow conference participants.

NSWOCC has taken and will continue to take reasonable precautions to prevent against the presence and spread of the disease at its conference but cannot and does not guarantee against exposure.



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Message from the Lieutenant Governor of Ontario



May 3, 2023

I happily extend greetings to all in attendance at the Nurses Specialized in Wound Ostomy & Continence Canada (NSWOCC) 42nd National Conference.

In Ontario, our greatest resource is our people. The desire for an inclusive and compassionate society is especially evident when it comes to those who depend on a helping hand to lead dignified and healthy lives. Nursing in Canada has a storied history and has contributed greatly to the welfare of our province and country, especially during these last three years of the pandemic. Today, nurses are needed more than ever to provide increasingly integrated healthcare services.

As His Majesty The King's representative in Ontario, I thank NSWOCC's members for all that you do to build a better future for the people of Ontario. I send my best wishes for fruitful conference.



Elizabeth Dowdeswell



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Message from the Premier of Ontario



Premier of Ontario - Premier ministre de l'Ontario

May 3, 2023

A MESSAGE FROM PREMIER DOUG FORD

Warm greetings to everyone taking part in the Nurses Specialized in Wound Ostomy and Continence Canada (NSWOCC) 42nd National Conference – Let's Face it Together.

Thank you for the dedicated, compassionate care you provide to Ontarians every day, particularly seniors, people with disabilities and mobility issues, and people living with chronic conditions.

Many thanks to the amazing NSWOCC team for hosting this event. This is an opportunity for participants to exchange knowledge and expertise about the challenges in providing care to people with wound, ostomy and continence issues.

Our government will continue to use bold, innovative, and creative solutions to ensure Ontario's nurses and all other health care professionals have the resources and support they need to deliver the quality-of-care Ontarians deserve.

Best wishes for a successful conference.

Doug Ford



Premier of Ontario - Premier ministre de l'Ontario

Le 3 mai 2023

MESSAGE DU PREMIER MINISTRE DOUG FORD

Tout d'abord, je voudrais saluer chaleureusement tous ceux et celles qui participent au 42^e congrès national — Faisons face à l'avenir! Ensemble!, des Infirmières spécialisées en plaies, stomies et continence Canada (ISPSCC).

Je vous remercie pour les soins attentionnés et empreints de compassion que vous prodiguez chaque jour à la population ontarienne, en particulier aux personnes âgées, aux personnes handicapées et à mobilité réduite, et aux personnes atteintes de maladies chroniques.

De plus, je sais gré à la formidable équipe des ISPSCC pour l'organisation de cet événement. Il s'agit d'une occasion en or pour les membres d'échanger sur les défis que représente la prestation de soins aux personnes souffrant de plaies, de stomies et de continence.

Notre gouvernement continuera à recourir à des solutions audacieuses, novatrices et créatives pour faire en sorte que le personnel infirmier de l'Ontario et tous les autres professionnels de la santé disposent des ressources et du soutien dont ils ont besoin pour offrir à la population les soins de qualité qu'elle mérite.

Je vous souhaite un congrès couronné de succès.

Le premier ministre,

Q14

Doug Ford



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Message from the Mayor of Ottawa





Mark Sutcliffe Mayor | Maire

Office of the Mayor City of Ottawa

110 Laurier Avenue West Ottawa, Ontario K1P 1J1 Tel.: 613-580-2496

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Courriel: Mark.Sutcliffe@ottawa.ca

On behalf of Members of Ottawa City Council, it is my distinct pleasure to extend a warm welcome to all those participating in the 42nd National Conference of the Nurses Specialized in Wound, Ostomy and Continence Canada (NSWOCC), taking place at the Westin Ottawa, on unceded Algonquin territory, from May 3rd to 7th 2023.

This annual conference provides a valuable forum for Wound, Ostomy and Continence Nursing professionals and industry stakeholders to convene under the theme Let's Face It! Together! Delegates will benefit from networking opportunities, and gain greater insights into the advanced knowledge and evidence-based practice in ostomy, wound and incontinence care through a wide host of workshops and exhibits.

As Head of Council, I want to acknowledge the NSWOCC, WOC Institute, speakers, facilitators, sponsors and exhibitors for dedicating efforts, expertise, services and resources to the successful organization of this educational meeting.

Allow me to offer my best wishes to everyone in attendance for a productive and rewarding gathering, as well as a most enjoyable stay in Ottawa.

Sincerely,

Au nom des membres du Conseil municipal d'Ottawa, j'ai l'immense plaisir de souhaiter la plus cordiale bienvenue à toutes les personnes participant au 42° Congrès national des Infirmières spécialisées en plaies, stomies et continence Canada (ISPSCC), qui aura lieu à l'hôtel Westin Ottawa, sur un territoire algonquin non cédé, du 3 au 7 mai 2023.

Ce congrès annuel est l'occasion idéale pour les professionnels des soins infirmiers spécialisés en plaies, stomies et continence, ainsi que pour les intervenants du secteur, de se réunir autour du thème *Faisons face à l'avenir! Ensemble!* Les nombreux ateliers et expositions proposés offriront aux délégués la possibilité de réseauter et d'en apprendre davantage sur les connaissances de pointe et les pratiques fondées sur des données probantes en matière de soins liés aux stomies, aux plaies et à l'incontinence.

En tant que chef du Conseil, je tiens à remercier les ISPSCC, l'Institut d'enseignement en plaies, stomies et continence, les conférenciers, les animateurs, les commanditaires et les exposants pour les efforts, l'expertise, les services et les ressources qu'ils ont consacrés à l'organisation de cette réunion informative afin d'en assurer le succès.

Permettez-moi de souhaiter à toutes les personnes présentes un rassemblement des plus productifs et enrichissants, et un séjour des plus agréables à Ottawa.

Cordialement,

Mark Sutcliffe, Mayor/Maire



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Marcia Leard RN, BScN, NSWOC, WOCC(C)

President, Nurses Specialized in Wound, Ostomy, Continence Canada (NSWOCC)

President's Message

Welcome to the 42nd Nurses Specialized in Wound, Ostomy and Continence Canada national conference - Let's Face It! Together! The last 3 years have challenged all of us in so many ways, and I am proud to say that NSWOCs have successfully met these challenges head on! Many of us worked extra hours and were deployed to different areas. We provided our expertise and compassion wherever and whenever we could, while the work of the association continued to provide national leadership and education for members, as well as continued to promote best practice standards in wound, ostomy and continence care. We have earned this opportunity to meet, grow and learn together – Face to Face.

A sincere thank you to our Conference Planning Committee who have lined up a spectacular education program developed to meet your learning needs and enhance current practice. Irrespective of your level of expertise in wound, ostomy and continence care, there is something here for you. Attending conference gives you an opportunity to meet and network with colleagues and Industry Partners from across the nation. So attend sessions, ask questions, be part of the discussion and learn something new!

And another big thank you to our Industry Partners in the Exhibit Hall. Exhibitors are excited to show you what's new and provide you with a wide variety of innovative products and resources you can incorporate into your everyday practice. All the latest in technology and advances in wound, ostomy and continence care will be on display.

So welcome everyone! We are so happy to see you!

Marcia heard RN BSON WOCCO

Marcia Leard RN, BScN, NSWOC, WOCC(C) President, Nurses Specialized in Wound, Ostomy, Continence Canada (NSWOCC)



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Mary Hill, RN, BScN, MN, NSWOC, WOCC(C)

NSWOCC National Conference Planning Core Program Chair

Welcome Message from the National Conference Planning Chair

Can you believe that after 3 years we are back face to face and in person at the NSWOCC 42nd National Conference? This year's theme "Let's Face It! Together!" not only reflects the obvious long awaited in-person conference, but also speaks to the challenges we face as a specialty and as healthcare professionals in a post pandemic healthcare environment.

The NSWOCC National Conference Planning Committee welcomes Nurses Specialized in Wound, Ostomy and Continence (NSWOCs), Wound, Ostomy and Continence Nurses (WOCN), and Skin Wellness Associate Nurses (SWANs), as well as hospital and community-based registered nurses, and all healthcare professionals including physicians, nurse practitioners, registered practical nurses and allied health. We also welcome our industry partners who provide us with new and innovative practices and products in wound, ostomy and continence care. The conference planning committee is confident that our educational program, workshops, poster sessions, networking events and exhibit hall will provide you with advanced, specialized knowledge and skills to address healthcare challenges.

Returning to the conference program is the popular handson foundational and advanced speciality workshops including management of lower leg edema, management of enterocutaneous/ enteroatmospheric fistulas, basic and advanced ostomy, negative pressure wound therapy and continence management. To provide participants with a diverse learning experience 5 educational streams are offered: Wound, Ostomy, Continence, SWAN and Leadership, with several sessions offered in French.



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NSWOCC is proud to showcase best practice recommendations including Parastomal Hernia Best Practice Recommendations, Canadian Best Practice Recommendations for Feeding Tubes, NSWOCC Paediatric Incontinence-Associated Dermatitis National Best Practice Recommendations, NSWOCC Urinary Catheter Selection Decision Aid, NSWOC Virtual Consultation Tool Kit Project (in progress) and an Indigenous Learning Circle.

National and international experts will be sharing their knowledge on many WOC topics including management of challenging head wounds, nutrition and the high output ostomy, organ prolapse management, dermatological skin lesions, peristomal skin management, malignant wounds, and the latest innovation in wound management and challenges of parastomal hernia surgery. New to our program is an accredited Dermatology Program for advanced healthcare practitioners. This session, aimed at the non-dermatologist, will review common diagnoses and treatments in the field of dermatology.

Feel the magic Friday evening with the networking event: Decades of Disney Lip Syncing Battle where NSWOCs and industry pair up to lip sync popular Disney tunes. Don't miss this event as it is sure to be great entertainment with lots of laughs. Join us Saturday evening for the WOC Institute graduation ceremony and NSWOCC Banquet. Come and meet the new grads and cheer them on as they enter the NSWOC specialty. Enjoy dinner, catch up with colleagues and then dance the night away.

Lastly, I would like to give my heartfelt gratitude and thanks to the National Conference Planning Committee, the National Industry Advisory Council (NIAC) and our Corporate Partners. We couldn't have done this without your vision, dedication, time, and support.

It's so good to have you here in person again!

Mary Hill, RN, BScN, MN, NSWOC, WOCC(C)

Conference Presentations



Wednesday, May 3



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Wednesday, **12:30 PM** May 3, 2023 **3:30 PM**

Concurrent
Les Saisons - Level 3

Workshop: Conservative Sharp Wound Debridement: From Theory to Practice

Presented by:



Abstract:

Debridement is the removal of non-viable tissue from the wound bed, it is an essential part of wound bed preparation and it is considered an integral aspect of wound management. It is important for health care providers to have a sound understanding of the variety of options available. This workshop will provide information regarding the various methods of debridement, when to debride, how to decide which technique to utilize, who should perform the task and when is it necessary to initiate a referral.

Session objectives:

Tarik Alam RN, BScN, MCISc(WH), NSWOC

- Describe the scope of nursing practice related to Conservative Sharp Wound Debridement (CSWD)
 Review the document - Debridement: Canadian Best Practice Recommendations For Nurses developed by NSWOCC
- Explain key components of CSWD
- List indications, precautions and contraindications for CSWD
- Perform return demonstration of various CSWD techniques



Rosemary Hill RN, BScN, CWOCN, WOCC(C)

References / Bibliography

- B.C. Provincial Nursing Skin and Wound: Guideline & Procedure: Conservative Sharp Wound Debridement (CSWD) in Adults & Children. Draft version October 2017.
- 2. Debridement: Canadian Best Practice Recommendations for Nurses: Developed by Nurses Specialized in Wound, Ostomy and Continence Canada. 2021 1st Ed.
- 3. Harris C. Conservative sharp wound debridement (CSWD): Education program for frontline nurses. Wound Care Canada. 2013;11(2),18-23.
- 4. International Wound Infection Institute (IWII) Wound infection in clinical practice. Wounds International 2016.



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Tarik Alam RN, BScN, MCISc(WH), NSWOC

Tarik Alam began his nursing career as a Registered Nurse in medicine and surgery at the McGill University Health Center in 1995. He entered the role of Enterostomal Therapy Nurse Clinician in 2000 and subsequently completed his training from the Canadian Enterostomal Therapy Association (CAET). Tarik was active in the association for many years as a content expert for the CAET's web-based certification program and as the Regional Director for Quebec. Tarik joined Hollister in 2008 and is the Clinical Affairs Manager. He completed a Master Degree in Clinical Science from the University of Western Ontario with a specialization in wound healing. Tarik is a lecturer for the Department of Nursing at Dawson College in Montreal.

Rosemary Hill RN, BScN, CWOCN, WOCC(C)

Rosemary Hill has been a Registered Nurse for over 35 years, now working at Lions Gate Hospital as a Nurse Specialized in Wound Ostomy and Continence. Rosemary is the recipient of the Award of Excellence in Practice from the Association of Registered Nurses of British Columbia (ARNBC). Her past volunteer activities include the role of President for Nurses Specialized in Wound Ostomy Continence Canada from 2016 to 2018. She is a member on the British Columbia Provincial Skin and Wound Committee, continues to chair the Provincial Ostomy Committee, and is an expert speaker at national and international events. Most recently volunteer activities have taken her to Argentina where she provided wound education.



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Wednesday, 12:30 PM May 3, 2023 3:30 PM

Concurrent Ontario - Level 3

"Hands-On" Continence Workshop (English)

Abstract:

"Graduates of the Wound Ostomy Continence Institute can find it difficult to find experienced nurses practicing within the continence specialty to act as mentors and Nurse Specialized in Wound, Ostomy and Continence (NSWOC) students can struggle to find continence preceptorships. This workshop is geared for NSWOC graduates who would like to refresh their knowledge and for NSWOC students who would like to gain preceptorship hours. Participants will work through both adult and pediatric continence case studies coming up with continence diagnoses and care plans. In addition, there will be "hands-on" assessments on anatomic models.

NSWOC students who are enrolled in, or have completed the WOC-EP Continence management course will be granted 2 days of clinical preceptorship for participating in the workshop plus completing a maximum six-page assignment. This assignment will be due after the workshop.

References / Bibliography

Hay-Smith EJC; Siegert RJ; Weatherall M; Abernethy DA; (Spring2007). Bladder and bowel dysfunction in multiple sclerosis: a review of treatment effectiveness. Australian & New Zealand Continence Journal, 13(3): 81-89. (6p) (Journal Article - research, systematic review, tables/charts) ISSN: 1448-0131 AN: 106175492 (available in CINAHL).

Presented by:



Najwa Shbat RN, BScN, NSWOC, NCA



Carly Lindsay RN, BScN, NSWOC, WOCC(C)



Laura Robbs RN, MN, NSWOC, WOCC(C), NCA



Nicholas Joachimides RN, BScN, IIWCC, CHE, NSWOC, MCISc-WH, MScQIPS, CpedN(C)



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Najwa Shbat RN, BScN, NSWOC, NCA

Najwa Shbat is a Nurse Specialized in Wound Ostomy and Continence (NSWOC) and a Nurse Continence Advisor (NCA) working at Hamilton Health Sciences as a skin, wound, and ostomy clinician. She worked as a Nurse Clinician-Continence in clinic, hospital, and community settings, as well as an NSWOC in the community. Najwa is also an academic advisor for the continence program with the Wound Ostomy Continence Institute.

Carly Lindsay RN, BScN, NSWOC, WOCC(C)

Carly Lindsay is working as a Nurse Specialized in Wound, Ostomy and Continence (NSWOC) at Kingston Health Sciences Centre and as a clinical instructor with the School of Nursing at Queen's University. She is an academic advisor with the Wound Ostomy Continence Institute in the continence program. She has completed her Master of Clinical Science in Wound Healing in 2020. Carly is also the lead NSWOC at Ostomy Youth Camp in Calgary Alberta.

Laura Robbs RN, MN, NSWOC, WOCC(C), NCA

Laura Robbs is a certified Nurse Specialized in Wound, Ostomy and Continence (NSWOC) and a Nurse Continence Advisor with a Master degree in nursing. She spent the last 22 years as a continence Clinical Nurse Specialist seeing patients with continence issues both in the clinic and hospital setting. Laura is currently semi-retired but still working part-time as a Clinical Nurse Specialist and also as the lead academic advisor for the continence program with the Wound Ostomy Continence Institute.

Nicholas Joachimides RN, BScN, IIWCC, CHE, NSWOC, MCISc-WH, MScQIPS, CpedN(C)

Nicholas Joachimides is a Nurse Specialized in Wound, Ostomy and Continence (NSWOC) and holds two Master degrees in wound healing and quality improvement. Nicholas worked for 22 years at Holland Bloorview Kids Rehabilitation Hospital, and is now the Executive Director of the Scarborough Academic Health Team. Nicholas is an academic advisor in the continence program with the Wound Ostomy Continence Institute.



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Wednesday, **12:30 PM** May 3, 2023 **3:30 PM**

Concurrent

Saskatchewan - Level 3

Atelier sur la continence (Français)

Résumé:

Les infirmières graduées du Programme de formation en plaies, stomies et continence (PF-PSC) peuvent avoir de la difficulté à trouver des infirmières stomothérapeutes (ISPSC) pratiquant dans le domaine de la continence et pouvant agir comme mentor. Les étudiants de l'Institut d'enseignement PSC ont tout autant de difficulté à trouver des précepteurs pratiquant dans le même domaine. Cet atelier est adapté aux infirmières stomothérapeutes qui aimeraient parfaire leurs connaissances et aux étudiantes de l'Institut d'enseignement PSC qui aimeraient acquérir des heures de stage. L'apprentissage des participants se fera à travers des études de cas de patients adulte et pédiatrique ayant reçu un diagnostic et un plan de soins relié à leur problématique de continence. De plus, il y aura un atelier pratique incluant des évaluations sur des modèles anatomiques.

Les étudiants et les graduées du programme de gestion de la continence de l'Institut d'enseignement PSC qui participerons à cet atelier se verront accorder 2 jours de stage pratique pour avoir participé à l'atelier et aussi pour avoir complété un travail d'un maximum de 6 pages. Ce travail sera à remettre postérieurement à l'atelier.

Références / Bibliographie

- Hay-Smith EJC; Siegert RJ; Weatherall M; Abernethy DA; (Spring2007). Bladder and bowel dysfunction in multiple sclerosis: a review of treatment effectiveness. Australian & New Zealand Continence Journal, 13(3): 81-89. (6p) (Journal Article - research, systematic review, tables/charts) ISSN: 1448-0131 AN: 106175492 (available in CINAHL).
- 2. Gray, M. (2022). Neurogenic bladder: Assessment and Management. In J.M. ErmerSeltun & S. Engberg (Eds.), Wound Ostomy and Continence Nurses Society, Core Curriculum: Continence Management. (pp 153-189). Philadelphia: Wolters Kluwer.
- 3. Grzeda, M. T., Heron, J., Gontard, A. V., & Joinson, C. (2016). Effects of urinary incontinence on psychosocial outcomes in adolescence. European Child & Adolescent Psychiatry. 26(6), 649-658. doi:10.1007/s00787-016-0928-0.
- 4. Jinbo, A. (2022). Bowel dysfunction and fecal incontinence in the pediatric population. In J.M. Ermer-Seltun & S. Engberg (Eds.). Wound, Ostomy and Continence Nurses Society Core Curriculum Continence Management. (pp. 520-560). Wolters Kluwer.
- Moore, K., Tawadros, C. & Betts, C. (2011). Multiple Sclerosis and Bladder Dysfunction. British Journal of Neuroscience Nursing; 7(5):645-654. (available in CINAHL).
 Welch, V. (2022). Voiding dysfunction and urinary incontinence in the pediatric population. In J.M. Ermer-Seltun & S. Engberg (Eds.). Wound, Ostomy and Continence Nurses Society Core Curriculum Continence Management. (pp. 295-313). Wolters Kluwer.



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Présenté par :



Louise Forest-Lalande RN, MEd, ET

Louise Forest-Lalande est une infirmière stomothérapeute de Montréal. Elle est connue pour son expertise en stomothérapie pédiatrique. Elle est activement impliquée dans les organisations d'infirmières en soins de plaie, de stomie et de continence. Elle a été présidente de l'AIISQ ainsi que du World Council of Enterostomal Therapists (WCET). Elle a enseigné et donné des conférences dans de nombreux pays. En 2019, elle a dirigé un projet en collaboration avec un groupe d'experts internationaux pour élaborer les lignes directrices mondiales sur les meilleures pratiques en matière de soins de stomies pédiatriques. Elle est conseillère académique pour le programme de continence de l'Académie de formation WOC, éditrice de la section francophone de l'Avancée de l'ISPSCC et membre de la communauté de pratique pédiatrique du NSWOCC.



Louise TurgeonB.Sc.Inf.,
Stomothérapeute, IPO

Louise Turgeon est une infirmière clinicienne stomothérapeute et une infirmière clinicienne pivot en oncologie. Elle a travaillé les 22 dernières années en centre hospitalier et dans une clinique privée de stomothérapie. Elle travaille présentement comme Infirmière pivot en oncologie. Elle a été conseillère académique en continence pendant 5 ans à l'Institut d'enseignement en plaies, stomies et continence. Elle est toujours impliquée auprès de patients stomisés ainsi que des patients souffrant d'incontinence, elle pratique actuellement dans une clinique privée de Trois-Rivières. Elle reste toujours impliquée auprès des ISPSCC.



Marie-Andrée MassonB.Sc.Inf,
Stomothérapeute

Marie-Andrée Masson est une infirmière clinicienne stomothérapeute de la région de Québec. Depuis 2003, elle travaille au CHU de Québec-Université Laval. Elle a développé son expertise en stomothérapie adulte et pédiatrique (CHUL) depuis 2015. Elle évalue et effectue le suivi des patients qui ont des stomies d'élimination (intestinale et urinaire) et d'alimentation (gastrostomie). Elle s'occupe aussi d'évaluer et de soigner les patients ayant des fistules cutanées, des plaies complexes (lésion de pression ou traumatique, ulcère neuropathique, pied diabétique, ulcère veineux ou artériel, plaie oncologique, déhiscence de plaie, etc.). Enfin, elle peut également soigner les patients souffrant d'irritations ou de lésions dues à des problèmes d'incontinence.

Elle est également impliquée auprès des ISPSCC/ NSWOCC (Institut d'enseignement en plaies, stomies et continence) comme conseillère académique dans le programme de continence.



Speaker Evaluation

Wednesday

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Posters

Wednesday, **3:30 PM** May 3, 2023 **5:30 PM**

Concurrent
Les Saisons - Level 3

Workshop: Basic Ostomy (SWAN)

Abstract:

The workshop uses a case study format to explore common problems people with ostomies face. Participants will have the opportunity to explore solutions and work hands-on with various ostomy pouches and other products. The workshop supports content in the SWAN program and allows time for questions and sharing of problems that may be encountered.

Presented by:



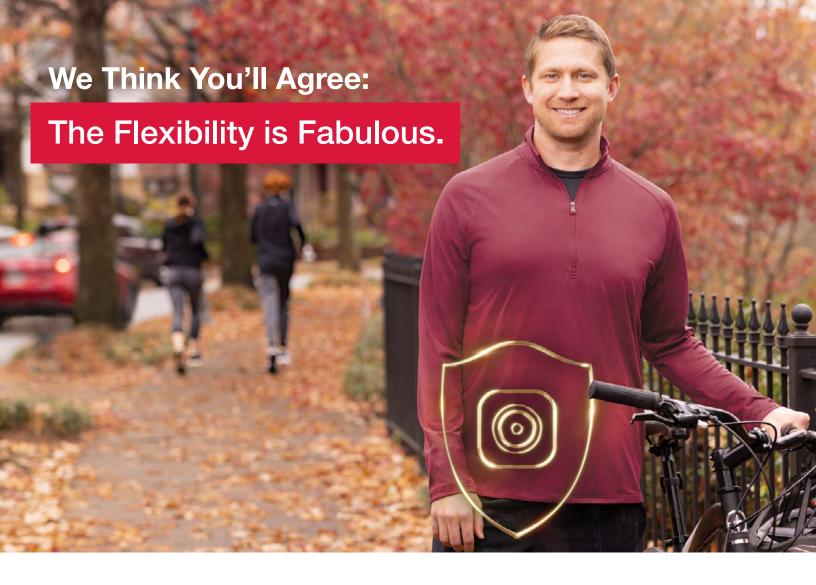
Eleanore Howard RN, BEd, BN, MSN, NSWOC, WOCC(C)

Eleanore has been an NSWOC for over 25 years. She has worked as a nurse educator at a School of Nursing and as a consultant for University Nursing Programs. She is a certified NSWOC and is currently an Academic Advisor and the Lead for the Ostomy Program in the Wound Ostomy Continence Institute. She also works as a consultant for NS Health. She was the Provincial Program Lead, Wound Care for the Province of NS and been a Wound Care Consultant for the Department of Health and Wellness. In 2014 she was recognized by the College of Registered Nursing of NS for her work as a clinician and was the recipient of the Excellence in Nursing Clinical Practice Award. In 2022 she received the President's Award from NSWOCC.



Susan Peckford RN, BA, BN, MN, NSWOC, WOCC(C)

Susan has been an NSWOC for 11 years. Her background is mainly in surgical, mental health, intensive care and emergency nursing. She has experience in nursing education as an educator with the Western Regional School of Nursing through Memorial University. She currently works as Clinical Nurse Specialist in wound, ostomy and continence for the Western Health Authority in Western Newfoundland, where she is the Wound and Ostomy Program lead. She is also an Academic Advisor in both wound and ostomy management programs in the Wound Ostomy Continence Institute. She spends time running a busy ostomy clinic and working on pressure injury prevention and management initiatives. She has presented her work on pressure injury prevention at the 3rd Nursing World Conference in Rome, Italy in 2018. She is heavily involved in wound and ostomy related committees regionally, provincially and nationally as well as in policy development and staff education throughout her region.



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Speaker Evaluation

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Posters

Wednesday, **3:30 PM** May 3, 2023 **5:30 PM**

Concurrent
Ontario - Level 3

Workshop: Product Selection

Presented by:



Nicole Pitcher RN, BScN, MCISc(WH), NSWOC



Svea Menard RN, BSN, MN, NSWOC

Abstract:

Healthcare providers commonly struggle with product selection. Many look at the shelves stacked with colorful packaging and wonder, "what on earth do I choose?" Using evidenced-informed practice is the foundation for utilizing the plethora of products available on the market today (Payne, 2022). The goal of the presentation is to provide attendees with a better understanding of potential products that can be used in practice and highlight their key points and contraindications, tools to support product selection, considerations such as scientific rationale and economical uses, where to access product monographs to support decision making, and accessing what's available based on your location. Each attendee will have an opportunity to see and manipulate products during the presentation. An interactive component is threaded throughout to support attendees to draw from their current experiences and learn from each other. Increasing experience and comfort levels with product selection can promote the holistic care required for those living with wounds (Bishop, 2021).

References / Bibliography

- 1. Bishop, A. (2021). Wound assessment and dressing selection: An overview. British Journal of Nursing, 30(5), 12–20. https://doi.org/10.12968/bjon.2021.30.5.s12
- Payne, D. (2022). When the dressing does not fit: Choosing the right dressing for the right patient. British Journal of Community Nursing, 27, 8–S12. https://doi.org/10.12968/bjcn.2022.27.sup9.s8



Speaker Evaluation

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Posters

Nicole Pitcher RN, BScN, MCISc(WH), NSWOC

Nicole graduated from St. Francis Xavier University in 2005. Currently she has been practicing nursing in Newfoundland in many different capacities including surgery, medicine and community and public health. In 2009, she completed the NSWOCC Wound, Ostomy and Continence Education Program. She has been in the role of the clinical lead for the Skin, Wound and Ostomy Program at Central Health for 13 years. In 2017, to further her knowledge, she completed the Masters of Clinical Science – Wound Healing from the University of Western Ontario. She also works as a wound care academic advisor for the Wound Ostomy and Continence Institute. Most recently, she has taken an interest in dog grooming and is taking an online course. Nicole is a typical Newfoundland girl who loves being tucked away in her cabin in the woods surrounded by peace and quiet.

Svea Menard RN, BSN, MN, NSWOC

Svea Menard graduated in 2018 from the NSWOC program. Passionate about wound, ostomy and continence care she started working for the WOC Institute as an academic advisor. Svea works in clinical setting as an NSWOC and teaches in the undergraduate nursing program. She is passionate about promoting change in the health care system for patients that require wound, ostomy and continence care. Svea is currently beginning her doctorate in May.



Speaker Evaluation

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Posters

Wednesday, **3:30 PM** May 3, 2023 **4:30 PM**

Concurrent

Saskatchewan - Level 3

Prolapsus des organes pelviens chez la femme (Français)

Résumé:

Learning Objectives:

- 1. Review the diagnosis of pelvic organ prolapse
- 2. Review conservative treatment options for pelvic organ prolapse
- 3. Review surgical treatment options for pelvic organ prolapse

Objectifs d'apprentissage:

- 1. Revoir le diagnostic du prolapsus des organes pelviens.
- 2. Revoir les options de traitement conservateur du prolapsus des organes pelviens.
- 3. Revoir les options de traitement chirurgical du prolapsus des organes pelviens.

Présenté par :



Dr. Élise Farmer MD, FRCSC

Elise is a urogynecologist at the Montfort Hospital. She did her medical and residency training in Obstetrics and Gynecology at the University of Ottawa. She completed a 2-year fellowship in Female Pelvic Medicine and Reconstructive Pelvic Surgery at the University of Toronto where she spent one year at Mount Sinai Hospital and one year at Sunnybrook Health Science Centre. Her focus is on helping women with pelvic organ prolapse, urinary incontinence and pelvic floor dysfunction through conservative and surgical approaches which involves vaginal and laparoscopic techniques. Elise is involved in medical education with students and residents. She is the francophone reproduction content experts for the second year medical students.

Élise Farmer est urogynécologue à l'hôpital Montfort. Elle a suivi sa formation médicale et effectué son internat en obstétrique et gynécologie à l'Université d'Ottawa. Elle a ensuite suivi une formation de deux ans en médecine pelvienne féminine et en chirurgie reconstructive pelvienne à l'Université de Toronto, où elle a passé un an à l'hôpital Mount Sinai et un an au Sunnybrook Health Science Centre. Sa pratique se concentre à aider les femmes souffrant de prolapsus des organes pelviens, d'incontinence urinaire et de dysfonctionnement du plancher pelvien par des approches conservatrices et chirurgicales faisant appel à des techniques autant vaginales que laparoscopiques. Elle participe également à la formation médicale des étudiants et des résidents. Elle est l'experte francophone en matière de reproduction pour les étudiants en deuxième année de médecine.



Speaker Evaluation

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Posters



Thursday, May 4



Speaker Evaluation

Wednesday

Thursday

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Posters

Thursday, **7:00 AM** May 4, 2023 **8:00 AM**

Plenary

Confederation II/III - Level 4

Power Breakfast: "Innovations in Wound Care: The Benefits of Early Initiation with Negative Pressure and Instillation Therapy" | Sponsored by 3M

Learning Objectives:

- 1. Describe wound types, wound preparation and how to effectively incorporate negative pressure instillation therapy into your wound care plan
- 2. Review the latest clinical research, examine case studies and best practices related to instillation therapy for wound management to deliver optimum patient outcomes
- 3. Take part in the launch of the latest negative pressure innovations that simplify the use of instillation therapy for the management of wounds
- 4. Participate in an interactive question-and-answer session

Presented by:



Kersten Reider MSN, AGPNP-C, CWOCN

Kersten Reider is from Mohrsville Pennsylvania. She has been a nurse for 17 years. She received her Diploma in nursing from the Reading Hospital School of Nursing and then went onto finish her BSN at Alvernia University and her Adult-Geriatric Nurse Practitioner program at Bloomsburg University. Kersten has worked as a Certified Wound, Ostomy, Continence nurse (CWOCN) serving as an in-patient specialist for a licensed 700 + bed Level I Trauma Center in West Reading Pennsylvania for 12 years. She focused on the care of surgical patients with an interest in nursing and physician education along with fistula management and negative pressure wound therapy. She recently took a roll as a nurse practitioner in a private practice performing primary care as well as running an outpatient wound and ostomy clinic. Kersten has presented posters as well as spoken nationally regarding fistula and complex wound care management. She has also published articles on fistula related topics and NPWT with instillation.



Speaker Evaluation

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Posters

Thursday, **8:00 AM** May 4, 2023 **8:50 AM**

Concurrent
Ontario - Level 3

Creating the buzz around the use of Manuka honey | Sponsored by Premier Ostomy Centre Inc



Abstract:

As pouch leakage not only impacts the patient but has a direct impact upon the workload of ET nurses, the session will discuss peristomal skin complications and present evidence-based practice to review how Manuka honey hydrocolloid flanges may support peristomal skin. The session will also discuss the impact of leakage onto peristomal skin which may impact skin integrity through the presentation of patient case studies shared as clinical reflection.

Presented by:



Moira Evans RN. TVN



Joanie Beaudin RN, BScN, ETN



Diane St-Cyr RN, BSc, MEd, NSWOC, WOCC(C)



Speaker Evaluation

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Posters

Moira Evans RN, TVN

I qualified as a general nurse in 1992 and specialize in both tissue viability and stoma care. My primary clinical focus is on maintaining skin integrity. I have undertaken patient and nurse studies across various nursing themes, including moisture associated skin damage, medical adhesive related skin injury and peristomal skin conditions.

Joanie Beaudin RN, BScN, ETN

Joanie Beaudin has been a nurse since 2008 in the province of Quebec, she has a bachelor's degree in nursing from Laval University and is a graduate of the NSWOCC institute in 2019. She started her career in the remote region of Sept-Îles. In 2011, she moved to the CHU de Quebec as a nurse, then as an enterostomal therapy nurse. She's currently working at Michel-Sarrazin palliative and end-of-life care home as a wound and ostomy care counselor nurse and contributes to the supraregional training and research. Furthermore, she helps ostomy patients people at Premier Ostomy Centre in Quebec City and through community associations.

Diane St-Cyr RN, BSc, MEd, NSWOC, WOCC(C)

Diane St-Cyr is an Enterostomal Therapist since 1986. She has a baccalaureate degree in science and a master's degree in adult education (andragogy) from University of Montreal. She has been the recipient of a Florence award of the Order of nurses of Quebec (OIIQ) in the category "Excellence of Nursing Care". She published numerous scientific articles and book chapters namely in the wound care book published by the OIIQ. She is teaching numerous wound care courses for continuing education in different Universities throughout the province. She is a consultant in private practice, namely at Premier Ostomy Centre.



Speaker Evaluation

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Posters

Thursday, 8:00 AM May 4, 2023 8:50 AM

Concurrent Confederation II/III - Level 4

Reducing the Risk of Tension Blisters with Technique and **Technology | Sponsored by Coloplast Canada**

Learning Objectives:



- Use clinical cases to identify the appearance and causes of tension blisters in people with ostomies
- Review new data showing prevalence of tension blisters
- Practice the proper technique to use to help your patients avoid tension blisters
- Learn how BodyFit™ Technology in SenSura® Mio barriers can help reduce tension blisters"

Presented by:



Dr. Kimberly LeBlanc PhD, RN, NSWOC, WOCC(C), FCAN



Natalie Kameka BScN, MCISc-WH, RN, **NSWOC**



Dr. Matt Kelly PhD



Speaker Evaluation

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Posters

Dr. Kimberly LeBlanc PhD, RN, NSWOC, WOCC(C), FCAN

Dr. Kimberly LeBlanc is the Present Elect of the Canadian Nurses Association (CNA) and Academic Chair of the NSWOCC Wound, Ostomy and Continence Institute. She has a PhD in Nursing from Queens University and is an Adjunct Professor with the University of Western Ontario Masters in Wound Care Program, an Affiliate Lecturer at the McGill University School of Nursing, and an Honorary Senior Lecturer with Cardiff University. Dr. LeBlanc is a board member and past president of the International Skin Tear Advisory Panel. She has lectured nationally and internationally on wound and ostomy care and is considered an expert on wounds in the aging population. In 2016, Dr. LeBlanc was awarded the Registered Nurses of Ontario Leadership Award in Nursing Education (Academic), and the prestigious Canadian Nurses Association Order of Merit for Nursing Education. In 2020, she was inducted as Fellow of the Canadian Academy of Nursing for her contributions to nursing in Canada.

Natalie Kameka BScN, MCISc-WH, RN, NSWOC

Natalie Kameka is a Registered Nurse, a Nurse Specialized in Wound, Ostomy and Continence (NSWOC), and has a master's degree in Clinical Sciences in Wound Healing. She is experienced in working as an NSWOC in both the community and acute care settings. Natalie currently works as a Clinical Specialist at Coloplast in the fields of Ostomy and Continence Care to enhance knowledge among employees, end users and healthcare providers.

Dr. Matt Kelly PhD

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Dr. Matt Kelly is the Medical Affairs Program Manager at Coloplast. He has a PhD in Neural and Behavioral Sciences from the State University of New York Downstate Medical center College of Medicine. Dr. Kelly has previously worked at Medtronic leading numerous clinical research programs.



Speaker Evaluation

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Posters

Thursday, **9:00 AM** May 4, 2023 **9:50 AM**

Hydrofera Blue: Meeting the Challenges from Pediatric to Geriatric Wound Care | Sponsored by Essity

Abstract:



Presented by:



Amanda Loney RN, BScN, NSWOC, WOCC(C) IIWCC

Amanda Loney earned a BScN from the University of Western Ontario, acquired her WOCN designation from Albany Medical Center in New York and has completed the IIWCC at the University of Toronto. As a community-based nurse and educator for 29 years, Amanda has spent the last 23 years specializing in the areas of wound, ostomy, and continence and is currently a Certified Nurse Specialized in Wound, Ostomy and Continence. In her role with Bayshore Home Care Solutions, as well as in her private practice, Amanda is known as a passionate educator, consultant, and for her extensive clinical knowledge. Most recently, she has keynoted at national conferences and is published in the International Wound Journal.



Najwa Shbat RN, BScN, NSWOC, NCA

Najwa Shbat is a Nurse Specialized in Wound Ostomy and Continence (NSWOC) and a Nurse Continence Advisor (NCA) working at Hamilton Health Sciences as a skin, wound, and ostomy clinician. She worked as a Nurse Clinician-Continence in clinic, hospital, and community settings, as well as an NSWOC in the community. Najwa is also an academic advisor for the continence program with the Wound Ostomy Continence Institute.



Speaker Evaluation

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Posters

Thursday, **9:00 AM** May 4, 2023 **9:50 AM**

Concurrent
Ontario - Level 3

Endoform: Empowering Nurses to Unlock Regenerative Healing for Every Body | Sponsored by Aroa Biosurgery

Presented by:

Abstract:

The mission of AROA is to 'unlock regenerative healing for everybody' by developing advanced regenerative medicine technologies which are often deemed inaccessible to patients suffering from acute and chronic wounds across the globe due to financial barriers.



Brandon Bosque DPM, CWSP



Rose Raizman RN-EC, MSc



Dr. Kevin Woo RN, PhD, NSWOC, WOCC(C), FAPWCA

Endoform™ products, an intact bioactive extracellular matrix, demonstrates the evolution of modern wound healing beyond collagen dressings. Backed by high-level real world evidence [1], Endoform will soon be even more accessible as it will be available via HealthPro in June 2023 revolutionizing the ability for nurses in Canada and globally to heal their patients. Visit Aroa.com to learn more.

Learning Objectives:

- Discuss what the extracellular matrix is and its role in natural soft tissue maintenance and regeneration after injury
- Understand the key differences between reconstituted collagen and intact extracellular matrix products for wound healing
- Discuss appropriate wound bed preparation and when to use advanced wound healing modalities like Endoform
- Learn how to apply Endoform and key clinical pearls and tips to appropriately monitor and maintain Endoform in the wound
- Review Endoform cases and outcomes

References:

1. Bosque, B.A., et al. Retrospective Real World Comparative Effectiveness of Ovine Forestomach Matrix and Collagen/Oxidized Regenerated Cellulose in the Management of Diabetic Foot Ulcers. in Symposium on Advanced Wound Care - Fall, 2021 (October 29-31, 2021). 2021. Las Vegas, NV.



Speaker Evaluation

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Posters

Brandon Bosque DPM, CWSP

Dr. Brandon Bosque, DPM, CWSP is a board-certified podiatric surgeon and certified wound specialist physician with extensive surgical training and experience concentrated on limb salvage and trauma. Dr. Bosque worked in private clinics, wound care centers, and delivered in-patient surgical care at Tower Health and Robert Wood Johnson health systems in the US. Currently, Dr. Bosque serves as senior medical advisor for Aroa Biosurgery leading clinical research and medical education in North America focused on regenerative medicine and preventable amputations. Among his peer-reviewed publications, Dr. Bosque's research centers around surgical soft tissue defects, wound healing, real world evidence, and health economics.

Rose Raizman RN-EC, MSc

My nursing career spans more than 20 years in a variety of nursing positions including staff nurse, educator, supervisor, faculty, researcher, special project coordinator and Clinical Nurse Specialist in Canada and Israel. Currently I am applying my passion for helping people to obtain and maintain optimal level of health as a wound care NP at Scarborough Health Network, a community hospital in Ontario, Canada. In addition to my clinical work, I like to be involved in research. My most recent research was about improving skin health of ostomy patents using ceramide infused barrier. And currently I am researching Low Level Laser in accelerating healing of wounds of different ethiologies.

Rose received her BA in Nursing from Tel-Aviv University, in Tel-Aviv, Israel, her M. Med. Sc. from Hebrew University in Jerusalem, Israel, her Enterostomal Therapy Certification from the CAET Nursing Education Program in Ontario, Canada, and her M.Sc.N PHNP from York University in Toronto, Ontario, Canada.

Dr. Kevin Woo RN, PhD, NSWOC, WOCC(C), FAPWCA

Dr. Kevin Woo is a Professor at Queen's University, Faculty of Health Sciences in Kingston, Ontario. He is known as a leading Canadian researcher in the areas of wound care and chronic disease self-management and has served on expert panels and advisory boards to develop best practice recommendations. He received the Journal of Wound Care's Best Diabetic Foot Ulcer Intervention Award in 2018. In 2020, he received the prestigious Order of Merit Award.

Dr. Woo has authored over 150 peer-reviewed journal articles and 19 book chapters. He maintains an active clinical practice as a wound care consultant. Dr. Woo is also the chair of the Joint Research Ethics Board for West Park Health Center and Toronto Grace Health Center in Toronto. He is the web editor for the Advances in Skin and Wound Care website. He also serves as the President of the Canadian Pressure Injury Advisory Panel.



Speaker Evaluation

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Posters

Thursday, **11:30 AM** May 4, 2023 **12:30 PM**

Plenary

Confederation II/III - Level 4

Sexual Wellbeing: Stoma and Silence, Sponsored by ConvaTec Global

Abstract:



During this interactive session, we share the evidence supporting the case for 'breaking the silence' and build the confidence and skills to make sexual well-being an everyday part of the holistic person-centered care you provide.

We discuss how to plan, initiate, and hold the conversation at different stages across the patient pathway and signpost resources to empower sexual well-being independence for those whom you provide specialist ostomy care.

Presented by:



With an extensive nursing background, DR. SIMONA FOURIE, is a researcher working at University of Oxford and King's College London, a member of the European Crohn's and Colitis Organization and an executive committee member of The Pelvic Floor Society UK.

Dr. Simona Fourie BSc, RN



A Psychosexual Nurse Specialist for over 25 years. LORRAINE GROVER is Treasurer and a Trustee of the Sexual Advice Association, a Specialist Advisor to Macmillan Cancer Support, Prostate Cancer UK and Cancer Research UK, a member of the British, European and International Societies for Sexual Medicine and the College of Sexual and Relationship Therapists.

Lorraine Grover RGN



Speaker Evaluation

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Posters

Thursday, **1** May 4, 2023 **1**

12:30 PM 1:30 PM Plenary

Confederation II/III - Level 4

Power Lunch: "Are Your Patients Dressed for Success?" Sponsored by Mölnlycke Health Care



Abstract:

- Review breast cancer patients and their typical treatment regimen specifically radiation
- Discuss the prevalence of radiation dermatitis and review the staging
- Present the science and research including RCT's regarding the prevention of radiation dermatitis when using Mepitel Film
- Present the BC experience of mepitel film including patients sharing their story
- Demonstrate the application of the film utilizing a video

Presented by:



Rosemary Hill RN, BScN, CWOCN, WOCC(C)

Rosemary Hill has been a Registered Nurse for over 35 years, now working at Lions Gate Hospital as a Nurse Specialized in Wound Ostomy and Continence. Rosemary is the recipient of the Award of Excellence in Practice from the Association of Registered Nurses of British Columbia (ARNBC). Her past volunteer activities include the role of President for Nurses Specialized in Wound Ostomy Continence Canada from 2016 to 2018. She is a member on the British Columbia Provincial Skin and Wound Committee, continues to chair the Provincial Ostomy Committee, and is an expert speaker at national and international events. Most recently volunteer activities have taken her to Argentina where she provided wound education.



Speaker Evaluation

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Posters

Thursday, **1:30 PM** May 4, 2023 **3:30 PM**

Advanced Workshop: Advanced Lower Leg Assessment

Abstract:

The Lower leg workshop will focus on advanced assessment techniques to identify and classify lower extremity arterial disease. Participants will learn the rationale for these advanced techniques and will have the opportunity to work through case studies and participate with hands-on practice at interactive stations (i.e. Ankle Brachial Pressure Index (ABPI), Toe Brachial Index (TBI).

Presented by:



Cathy Downs RN, MN, NSWOC, WOCC(C) Cathy is an RN with 23 years' community nursing experience. She is an Academic Advisor and Team Lead for the NSWOCC Wound Management course, and Program Developer with the NSWOCC institute. She is currently employed as a Wound Care Specialist at Home and Community Care Support Services, where she supports both providers and patients across the Champlain region.



Kelly D SairBScPT, MCISc(WH)

Kelly has been a physiotherapist for 29 years and is actively involved in education, wound management and the use of adjunctive therapies. Kelly completed her Master of Clinical Science with specialization in wound healing at Western University in the Fall of 2017 and is the Co-Lead for the National E-Stim Collaboration Group supporting E-Stim implementation. Kelly has worked for Alberta Health Services since 1994 and is currently the Clinical Educator for the Consult and Treat Team in Calgary Integrated Home Care. Kelly works in a collaborative interdisciplinary wound clinic that manages complex patients with complex wounds. Kelly is a board member of the Canadian Pressure Injury Advisory Panel.



Mepilex® Border Flex FAMILY

Dressings for all stages of healing







Stays on.
Uniquely conforms.





Speaker Evaluation

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Posters

1:30 PM Thursday, May 4, 2023 3:30 PM

Concurrent Les Saisons - Level 3

Advanced Ostomy Workshop: "Surgeons Calling, NSWOCs to the Rescue!"

Abstract:

Enterocutaneous fistulas (ECF) and poorly sited stomas are an NSWOCs nightmare! ECF are ostomy-related wound complications, and complex abdomens with creases, folds and drains require exceptional management skills. The inability to contain the effluent or wound drainage can cause the patient to experience pain, severe discomfort to the peristomal skin, decreased wound healing and patient morbidity. The use of negative pressure wound therapy (NPWT) can be implemented to promote abdominal wound healing and ECF effluent management while protecting a stomatized fistula. With the use of case studies and abdominal moulds, the NSWOCs to the Rescue advanced ostomy workshop will present techniques on utilizing NPWT, troughing and advanced pouching to manage ECF and complex stomas. NSWOCs will have the opportunity to perform these new techniques with hands-on practice and maybe avoid a few sleepless nights!

Presented by:



Debra Johnston RN. BScN. MN. NSWOC. WOCC(C)



Josée Sénéchal MScCH-WC BScN. RN. **NSWOC**



Speaker Evaluation

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Posters

Debra Johnston RN, BScN, MN, NSWOC, WOCC(C)

Debra is a Clinical Nurse Specialist, certified in Wound, Ostomy and Continence working at University Health Network - Toronto General Hospital. The focus of her practice is to improve the quality of life for patients and their families by developing and promoting quality care through Best Practice Guideline development and education for patients living with chronic wounds, ostomies, and fistulae.

As part of her advanced practice role, Debra is an active member of the interprofessional team by supporting staff, providing complex consultations and participating in program development using evidence based best practice to improve patient care. Debra has participated in the development of several best practice guidelines pertaining to pressure injuries and ostomy care.

Debra is a clinical faculty member for the Wound, Ostomy and Continence Institute Education Program; faculty and clinical advisor for Advanced Ostomy Care and Management at University of Toronto, and an adjunct lecturer for the Lawrence S. Bloomberg Faculty of Nursing, University of Toronto.

Josée Sénéchal MScCH-WC BScN, RN, NSWOC

Josée is a Nurse Specialized in Wound, Ostomy and Continence at Health Sciences North in Sudbury Ontario. In 2021 she completed a Master of Science in Community Health - Wound Prevention and Care at the University of Toronto. This sparked her interest in academia and became an external marker for the International Interdisciplinary Wound Care Course (IIWCC) at the University of Toronto and an academic advisor for Nurses Specialized in Wound, Ostomy and Continence Canada in the ostomy tri-specialty.

Josée is passionate about making a difference in wound and ostomy care in Northern Ontario. She develops individualized education programs with hands-on practice for healthcare facilities to enhance their frontline staff's wound and ostomy care prevention and management skills. Josée is writing a chapter on traumatic wounds in the WOCN Core Curriculum Wound Management 3rd edition and participates in creating Canadian Best Practice Recommendations for Feeding Ostomies. Her interests include complex ostomies, pressure injury prevention and management strategies and lower limb preservation.



Speaker Evaluation

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Posters

Thursday, **3:45 PM** May 4, 2023 **5:45 PM**

Advanced Workshop: Enterocutaneous Atmospheric Fistula

Presented by:



Karen Edwards RN, MSS, BSN, CWOCN



Lina Martins RN, BScN, MScN, NSWOC, WOCC(C)

Abstract:

Despite advances in medical technology and surgical care, the management of enterocutaneous fistulas (ECF) and enteroatmospheric fistulas (EAF) remain some of the most challenging patient scenarios an interdisciplinary team can face. During this workshop, the participant will have the opportunity to:

- Consider the roles of the interdisciplinary team members in the provision of care
- Differentiate the use of various pouching systems and techniques one may utilize to decrease skin breakdown in the management of patients with ECF and EAF
- Discuss at least 2 non-surgical treatment options for managing the patient with an ECF
- Discuss at least 2 surgical and 2 non-surgical treatment options for managing the patient with an EAF

References / Bibliography

- 1. Nurses Specialized in Wound, Ostomy and Continence Canada. (2018). Nursing best practice recommendations: Enterocutaneous fistulas (ECF) and enteroatmospheric fistulas (EAF) (2nd ed.). Ottawa, ON, CA https://www.nswoc.ca/bpr
- 2. Wound, Ostomy, and Continence Nurses Society. (2022). Core Curriculum Ostomy Management (2nd ed.). J. Carmel, J. Colwell, M.T. Goldberg (eds). D. Nix, R.A. Bryant, Chapter 18 Fistula Management. p.283-303.
- 3. Wright H, Kearney S, Zhou K, Woo K. (2020). Topical Management of Enterocutaneous and Enteroatmospheric Fistulas: A Systematic Review. Wound Management & Prevention. Apr;66(4), 26-37. DOI: 10.25270/wmp.2020.4.2637. PMID: 32294057.
- 4. Hoeflok J, Jaramillo M, Li T, et al. (2015). Health-related quality of life in community-dwelling persons living with enterocutaneous fistulas. Journal of Wound, Ostomy, and Continence Nursing, 42(6), 607-613.



Speaker Evaluation

Wednesday

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Posters

Karen Edwards RN, MSS, BSN, CWOCN

Karen has been an RN for 30 years and a certified WOC Nurse for 25 years. She had two other careers prior to finding her calling. She has been published in peer review journals, has lectured all over the US and has presented the last 2 years for the NSWOCC national conferences.

Lina Martins RN, BScN, MScN, NSWOC, WOCC(C)

Lina Martins is a Clinical Nurse Specialist, certified Nurse Specialized in Wound, Ostomy and Continence (NSWOC) at London Health Sciences Centre in Canada. She graduated from Western University with a BSc/MSc in Nursing and completed her wound, ostomy and continence education through the Wound, Ostomy, Continence Institute (1999).

Lina has published on both wound/ostomy issues, inclusive of peristomal skin complications and a research validated/standardized peristomal skin tool. She was a panel participant in the development of RNAO Best Practice Guidelines for ostomy care, and most recently the NSWOCC Debridement BPR.

Lina is the NSWOC Canada, Editor-in-Chief for NSWOC Advance, and the Canadian Features Editor for JWOCN.

Lina provides consultation on acute/chronic wounds and ostomy care, with a specialized focus on fistula management and complicated stoma presentations. She is co-chair of an interdisciplinary team guiding wound/ostomy policy development. She advocates on behalf of patients across the continuum of care and provides leadership, mentorship, and education to staff/patients/students.



Speaker Evaluation

Wednesday

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Posters

Thursday, **3:45 PM** May 4, 2023 **5:45 PM**

Concurrent
Ontario - Level 3

Advanced Workshop: Negative Pressure Wound Therapy

Abstract:

The Advanced Practice Negative Pressure Wound Therapy (NPWT) workshop will provide participants with an opportunity to gain hands on experience with both traditional Negative Wound Pressure Therapy (tNPWT) and single use Negative Wound Pressure Therapy (sNPWT). There will be a focus on the role NPWT can play in wound healing as well as selecting the appropriate type of NPWT depending on wound type and reviewing advanced applications for tNPWT and sNPWT. This interactive workshop will also include the presentation of the latest research regarding clinical outcomes in NPWT. Industry experts will be on hand to provide an in-depth review of the devices.

Presented by:



Amanda Loney RN, BScN, NSWOC, WOCC(C) IIWCC



Nicholas Joachimides RN, BScN, IIWCC, CHE, NSWOC, MCISc-WH, MScQIPS, CpedN(C)

Amanda Loney earned a BScN from the University of Western Ontario, acquired her WOCN designation from Albany Medical Center in New York and has completed the IIWCC at the University of Toronto. As a community-based nurse and educator for 29 years, Amanda has spent the last 23 years specializing in the areas of wound, ostomy, and continence and is currently a Certified Nurse Specialized in Wound, Ostomy and Continence. In her role with Bayshore Home Care Solutions, as well as in her private practice, Amanda is known as a passionate educator, consultant, and for her extensive clinical knowledge. Most recently, she has keynoted at national conferences and is published in the International Wound Journal.

Nicholas Joachimides is a Nurse Specialized in Wound, Ostomy and Continence (NSWOC) and holds two Master degrees in wound healing and quality improvement. Nicholas worked for 22 years at Holland Bloorview Kids Rehabilitation Hospital, and is now the Executive Director of the Scarborough Academic Health Team. Nicholas is an academic advisor in the continence program with the Wound Ostomy Continence Institute.

Powerful results in stalled wounds

PICO sNPWT* has been shown to significantly reduce wound area by 39.1%† and depth by 32.5%‡ when compared with tNPWT** in patients with VLUs and DFUs over 12 weeks.¹ Turn around wound healing trajectory more effectively than standard dressings and tNPWT with PICO System.²



SmithNephew





Speaker Evaluation

Wednesday

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Posters

Thursday, 3:45 PM May 4, 2023 5:45 PM

Concurrent Saskatchewan - Level 3

Atelier avancé: Traitement des plaies par pression négative (TPPN)

Présenté par :

Résumé:



Dans la première partie, nous parlerons des différents types de TPPN, des différentes compagnies, des différents appareils, leurs utilités, quand les utiliser et quoi utiliser. Histoire de cas pour illustrer la théorie. La deuxième partie sera pratique, nous aurons accès aux différentes technologies pour se pratiquer, poser des questions, faire des essais.

Louise Samuel B.Sc.N., Stomothérapeute



Speaker Evaluation

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Posters

Louise Samuel B.Sc.N., Stomothérapeute

Louise Samuel, mieux connue sous le nom de Sam, est infirmière à l'Hôpital Général Juif de Montréal depuis 26 ans. Elle a passé les 10 premières années à travailler sur un département de chirurgie cardiovasculaire, maxillo-facial, colorectale et chirurgie générale. En 2007, elle a gradué du programme de stomothérapie de l'Association Canadienne des Stomothérapeutes. Sam est la conseillère académique francophone pour le volet stomie à l'Institut d'enseignement en plaies, stomies et continence, elle est préceptrice pour les étudiantes de l'Institut et est aussi membre du comité organisationnel de la conférence national des Infirmières spécialisées en plaies, stomies et continence Canada (ISPSCC). Elle est présidente de l'Association des infirmières et infirmiers stomothérapeutes du Québec (AIISQ). Au fil des ans, elle a participé à de nombreux comités consultatifs en soins de plaies et de stomies, présenté à la conférence nationale des ISPSCC et animé des webinaires. Elle est aussi la mère d'un joueur de hockey/lacrosse de 17 ans et d'une jeune demoiselle de 14 ans qui fait de la danse. Sam a beaucoup d'énergie et aime s'impliquer dans de nombreux projets.



Speaker Evaluation

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Posters

Thursday, **3:45 PM** May 4, 2023 **5:45 PM**

Concurrent

Maple - Executive Level

Live NSWOCC Journal Club, Let's Face It! Together!

Abstract:

During this session, we will lead an in-person Journal Club featuring two articles. Both articles will have one of the authors in attendance to participate in Journal Club. Participants will be asked to read both articles beforehand and be prepared to participate in group discussions to discuss the articles at hand.

The session will begin with a brief introduction by our moderator followed by a brief overview of the first article that will be discussed by its attending author. Then, the moderator will prompt discussion with an initial question to the group. Guided questions and discussion will occur with each article for participants to consider and discuss. The moderator will then help direct the flow of conversation, providing each participant a fair opportunity to raise questions, provide an argument, and share their perspectives. Once discussion comes to a close, or after about an hour, the process will repeat with the second article.

Article 1: "The Value of Nurses Specialized in Wound, Ostomy, and Continence: A Systematic Review"

Article 2: "Wound irrigation versus swabbing technique for cleansing noninfected chronic wounds: A systematic review of differences in bleeding, pain, infection, exudate, and necrotic tissue"

Presented by:



Attending Author: Corey Heerschap MScCH (WPC), BScN, RN, NSWOC, WOCC(C)



Attending Author: Erin Rajhathy RN, BScN, MCIScWH, NSWOC, WOCC(C)



Moderator: Angela Koziak RN, BScN, NSWOC, WOCC(C)



Speaker Evaluation

Wednesday

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Posters

Corey Heerschap MScCH (WPC), BScN, RN, NSWOC, WOCC(C)

Corey is the President-Elect for Nurses Specialized in Wound, Ostomy and Continence Canada and an experienced Clinical Nurse Specialist for wound and ostomy care at the Royal Victoria Regional Health Centre in Barrie, Ontario. He completed his Master of Science in Community Health specializing in wound prevention and care and the International Interdisciplinary Wound Care course from the University of Toronto in 2015. He attended the Enterostomal Therapy Nurse Education program and is certified in Wound, Ostomy & Continence Nursing through the Canadian Nurses Association. In his current role he works alongside the interdisciplinary team to ensure best practice in wound care is being utilized throughout the health center through education, consultation, program creation and policy development. He is the co-chair of the RNAO Best Practice Guideline for pressure injuries and past expert panel member for the second edition of the Ostomy Care and Management guideline. Corey has also assisted in the development of the Canadian Nurses Association Wound, Ostomy and Continence certification exam. Corey has conducted and published research in the fields of wound, ostomy, and nursing education. He is currently completing a PhD in Nursing at Queens University focusing on wound care decision making by nurses.

Erin Rajhathy RN, BScN, MCIScWH, NSWOC, WOCC(C)

Erin is a certified Nurse Specialized in Wound, Ostomy, and Continence (NSWOC) working as a Program Developer for NSWOC Canada programs. She is also the Director of Spanish programs for the Wound, Ostomy, and Continence institute where she is advancing and overseeing the WOC-EP Spanish program. Erin received her BScN from the University of Ottawa and her Master's of Wound Healing through the University of Western Ontario. She is now completing her PhD through Örebro University in Sweden.

Erin has held various leadership positions within NSWOC Canada including treasurer. She is currently the Core Program Lead for Community Engagement. She has participated in finance, policy and political action with the Registered Nurses Association of Ontario. Erin is back and forth between Canada and Mexico where she is advancing specialized knowledge within the nursing profession by establishing a free clinic for locals and working with various healthcare professionals within the area to build capacity within the community.

Angela Koziak RN, BScN, NSWOC, WOCC(C)

Angela finished the WOC-EP December 2020 and obtained full time NSWOC employment November 2021. Most of her portfolio involves offering consultative Wound Ostomy Continence services to Long Term Care centers in the large demographic area of Edmonton, Alberta. Wound consultation comprises most of her work, but she also dedicates a portion of her practice to ostomy and continence care. She is grateful that her position affords her the opportunity to fully practice as a tri-specialist. She considers herself very fortunate for the mentoring and support she received from several seasoned NSWOCs who led her into a career she refers to as her 'dream job.'



Speaker Evaluation

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Posters



Friday, May 5



Speaker Evaluation

Wednesday

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Posters

Friday, 7:00 AM 8:00 AM May 5, 2023

Plenary Confederation II/III - Level 4

Power Breakfast: "Pure Hypochlorous Acid (pHA) cleanser is supported by guidelines and can heal wounds with improvements in quality of life" | Sponsored by Urgo Medical

Abstract:



The importance of wound cleansing as the first step towards wound bed preparation and for progression of healing is now well accepted in practice and literature.

Cleansers come into direct contact with the wound and peri wound frequently, as they should, during every cleansing episode.

Their ability to remove microbes, as well as nurture and not harm fragile cells, is critical for wound healing and both are important factors for consideration in product choice.

Presented by:



Michele Labbie RN, MN, NP



Britney Ann Butt RN, BScN, MCISc-WH, NSWOC, WOCC(C)



Speaker Evaluation

Wednesday

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Posters

Michele Labbie RN, MN, NP

Michele is a Nurse Practitioner who is passionate about complex wound management in the context of chronic disease management particularly in people with lower leg ulcerations and diabetic foot complications.

She has focused her expertise in this area for over 25 years and is actively involved in clinical research, pathway and practice guideline development and in implementation of evidence based care. She provides wound and infection management education to health care professionals in numerous settings. Michele practices in an out-patient wound clinic and is involved in ambulatory intravenous and infusion therapy. She is also an instructor in Wound Certificate Program at MacEwan University in Edmonton.

Michele spends her personal time with her husband and growing family. She is a very proud Grama of 4.

Britney Ann Butt RN, BScN, MCISc-WH, NSWOC, WOCC(C)

Britney Ann Butt (MCISc-WH, BScN, RN, NSWOC, WOCC(C)) has worked as a clinical nurse specialist at North York General Hospital since 2015. She earned her Bachelor of Science in nursing program in 2012 from the University of Ottawa, her Master of Clinical Science in wound healing in 2017 from the University of Western Ontario and Enterostomal therapy nursing certificate in 2014 Canadian association of Enterostomal therapy, now referred to as the Wound, Ostomy, and Continence Institute.

During her tenure with the Wound, Ostomy, and Continence Institute as the program development lead, she was responsible for the development of educational programs including the Advanced Wound Debridement Program, Wound Management Course, Paramedic Wound Associate Course, and Skin Wellness Associate Nurse (SWAN) Program.



Speaker Evaluation

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Posters

Friday, 8:30 AM 9:30 AM May 5, 2023

Plenary

Confederation II/III - Level 4

Complex Skin & Wound

Learning Objectives:

- To raise awareness, and discuss clinical diagnosis, quality of life impact, and management of patients suffering from hidradenitis suppurativa ('HS').
- To expand differential diagnosis on skin ulcers, aside from vascular, neuropathic, and diabetic ulcers.
- To discuss diagnosis and management of less common causes of skin ulcers (i.e. pyoderma gangrenosum, skin cancer, deep infectious processes, etc.).

Presented by:



Dr. R. Gary Sibbald MD., M.Ed., D.SC (Hon), FRCPC (Med)(Derm), FAAD, MAPWCA, JM



Dr. Rachel Asiniwasis MD, FRCPC(Med)(Derm)



Speaker Evaluation

Wednesday

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Posters

Dr. R. Gary Sibbald MD., M.Ed., D.SC (Hon), FRCPC (Med)(Derm), FAAD, MAPWCA, JM

Dr. Sibbald is a dermatologist and internist with a special interest in wound care and education. He is a professor of Medicine and Public Health at the University of Toronto and is globally recognized as an international wound care key opinion leader, educator, clinician and clinical researcher. He has over 200 publications and is co-editor and chapter author of the Chronic Wound Care 5 textbook. He is also co-editor in chief of Advances in Skin & Wound Care.

He was co-founder (1995) and Chairperson (1995-2000) of the Canadian Association of Wound Care and was the former Director of the Wound Healing Clinic at Women's College Hospital (1994 - 2009). He is also a previous president of the World Union of Wound Healing Societies (2008 - 2012). In 1999, he co-developed the International Interprofessional Wound Care Course and has been the director for 40 courses worldwide.

Dr. Sibbald received the Queen Elizabeth II Diamond Jubilee medal in 2013 and Honorary Doctor of Science from Excelsior College in 2014. He is an investigator for the Institute for Better Health at Trillium Health Partners. Currently he is the project ECHO lead (2018) for Ontario Skin and Wound tasked to develop interprofessional teams for all 14 Ontario Local Integrated Health Networks.

Dr. Rachel Asiniwasis MD, FRCPC(Med)(Derm)

Dr. Rachel Asiniwasis is a dermatologist and early career clinician researcher based in Western Canada (her hometown of Regina, Saskatchewan). She is the founder of Origins Dermatology Centre, a combined model that services both the general population and provides outreach clinics (in-person and virtual care) for underserviced, remote and northern Indigenous (First Nations and Metis) communities. Some of Rachel's passion stems from her background, as she is Plains Cree and Saulteaux on her father's side. For about a decade her father attended residential school. Rachel, her father, and Dr. Sibbald have already joined forces at two annual Canadian Indigenous Skin Summits, calling attention to poorly addressed skin disease.

Rachel has a Master's of Science in Health Sciences, with focus on clinical and translational research, and has special interest in, common inflammatory dermatoses (atopic dermatitis, psoriasis), the holistic impact of skin disease, provision of virtual care, underserviced areas, and medical education. She is particularly interested in the translational interpretation and implementation of research with the ultimate goal of achieving tangible health outcomes. Currently she is working on education and research projects in the areas of atopic dermatitis, virtual care, and Indigenous and rural health in Western Canada.



Speaker Evaluation

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Posters

Friday, **9:30 AM**May 5, 2023 **10:20 AM**

Plenary

Confederation II/III - Level 4

Head Wounds: Trauma Lacerations

Abstract:

Most textbooks and lectures discussing traumatic injuries to the head and neck areas concentrate mostly on typical topics as intracranial hemorrhage, blunt cerebral vascular injuries, LeFort facial or spinal fractures, plus tracheal and esophageal injuries. However, the skin and soft tissue wounds and their care are routinely disregarded or only mentioned in passing. This lecture will address many of the head and neck skin and soft tissue injuries and conditions that result in wounds that require provider's clinical acumen for appropriate wound dressing care. The focus will be on diseases such as traumatic soft tissue wounds, blast injuries, necrotizing fasciitis, soft tissue infections, burns, electrical injuries, psoriasis, deep pressure wounds and many others. These disease topics will include both short anatomy and histology reviews where appropriate.

Presented by:



Dr. Marc R. Matthews, MD, MS, MCG, FACS



Speaker Evaluation

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Posters

Dr. Marc R. Matthews, MD, MS, MCG, FACS

Dr. Matthews is board certified in general surgery and surgical critical care by the American Board of Surgeons and the National Board of Physicians and Surgeons and has been in medical practice for over 20 years. A native of California, Dr. Matthews graduated from University of California, Los Angeles with a Bachelor of Science, Baylor University with two Master's degrees, and received his Medical Degree from the University of California, Los Angeles School of Medicine. He finished his general surgery residency at Maricopa Medical Center in Phoenix, Arizona. He then went on to complete a trauma, critical care and burn fellowship at University of California, Davis Medical Center in Sacramento, California.

He is an associate clinical professor at the University of Arizona (Tucson/Phoenix), Creighton University, Midwestern University and AT Still Schools of Medicine where he is active in medical student, intern, resident, and fellow education. He has published over 80 papers on burns, trauma and surgical diseases as well as having given many national and international presentations. He is an editor/reviewer for multiple journals and has authored several book chapters.

Dr. Matthews deployed with the United States Air Force as a combat surgeon to Bagram Air Field's Craig Joint Theater Hospital in Afghanistan. Dr. Matthews volunteered to deploy with the 102nd Forward Surgical Team in the Kunar/Korengal Valleys along the Afghanistan/Pakistan border to assist with trauma and burn surgery, combat casualty care and humanitarian general surgery cases. He deployed to Landstuhl Regional Medical Center in Germany to support the medical evacuation and care of critically injured United States servicemen and women from Iraq (OIF) and Afghanistan (OEF) prior to their return to the continental United States. Now retired with an honorable discharge, he has lectured to the Ukrainian military and the Ukrainian health system on burn injuries and management as well as prehospital/paramedic education as he was the medical director for a paramedic education school in Peoria, Arizona for 10 years.



Speaker Evaluation

Wednesday

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Posters

Friday, **11:30 AM** May 5, 2023 **12:20 AM**

Concurrent
Les Saisons - Level 3

Canadian Best Practice Recommendations for Feeding Tubes

Abstract:

This session will be dedicated to presenting the Canadian recommendations for the management of percutaneous feeding tubes. The presentation will address the methodology used and provide an overview of the document.

Presented by:



Valérie Chaplain IA, Bsc. Inf, ISPSC, PSCC(C)

Biologist and registered nurse by training, Valérie Chaplain obtained her certification as a Nurse Specialized in Wounds, Ostomy and Continence. She has held the position of NSWOC at the Montfort Hospital in Ottawa since 2013 where, in addition to patient care, she actively participates in the training of nursing and medical staff. She is occasionally invited to teach wound care courses at the Universities of Sherbrook and Ottawa. Actively involved with NSWOCC, Valerie tries to improve the distribution of documents produced by NSWOCC within the Franco-Canadian community. She has completed co-editing a reference work in French published this winter at Presses de l'Université Laval.



Speaker Evaluation

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Posters

Friday, **11:30 AM** May 5, 2023 **12:20 AM**

Concurrent

Confederation II/III - Level 4

Conquering Pouching Nightmares

Abstract:

Drainage and effluent containment continues to be a challenge for even the most experienced nurses. The effort, skill and time it takes can be daunting for the nurse and the patient. The main concern to get a good seal on ostomy or fistula pouch is to protect the peristomal/periwound skin. If this skin becomes denuded, this compounds the problem of getting a good seal and requires wound care around the stoma/wound. The basics of containment is to get a flat pouching surface if possible. There are many accessories that are commercially available to help achieve this goal. Nurses have to think outside the box and may feel their role is part "arts and crafts". This presentation will have case studies and step-by-step processes to use in your toolbox when you are presented with difficult stomas and fistulas.

Presented by:



Karen Edwards RN, MSS, BSN, CWOCN

Karen has been an RN for 30 years and a certified WOC Nurse for 25 years. She had two other careers prior to finding her calling. She has been published in peer review journals, has lectured all over the US and has presented the last 2 years for the NSWOCC national conferences.



Speaker Evaluation

Wednesday

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Posters

Friday, May 5, 2023

11:30 AM 12:20 AM Concurrent
Saskatchewan - Level 3

NSWOCC Paediatric Incontinence-Associated Dermatitis Best Practice Recommendations

Abstract:

Pediatric incontinence- associated dermatitis (PIAD) is a common occurrence globally that can cause painful problems for infants, children and youth who have incontinence of stool, urine or both. Although many times it is resolved with simple treatments, some cases can be severe. Inconsistencies in approach to treatment can create increased risk for further painful skin breakdown, increased cost, and delays in healing. With increased time of suffering there can be major decreases in quality of life secondary to pain, necessity of fecal or urinary diversion devices/procedures, or even sedation.

The NSWOC pediatric community of practice has created the first Canadian best practice guideline for PIAD. It details an inclusive, consistent method of assessing, managing, and reevaluating most presentations of incontinence-associated skin irritation and associated infections. Perhaps most exciting for healthcare professionals is the inclusion of a one page care pathway with photos and treatment suggestions for quick reference on basic PIAD care. Although targeted at healthcare professionals, we believe that this could also be a helpful tool for caregivers. This session will review the recommendations from the guidelines and care pathway as we conclude the peer review process.

Presented by:

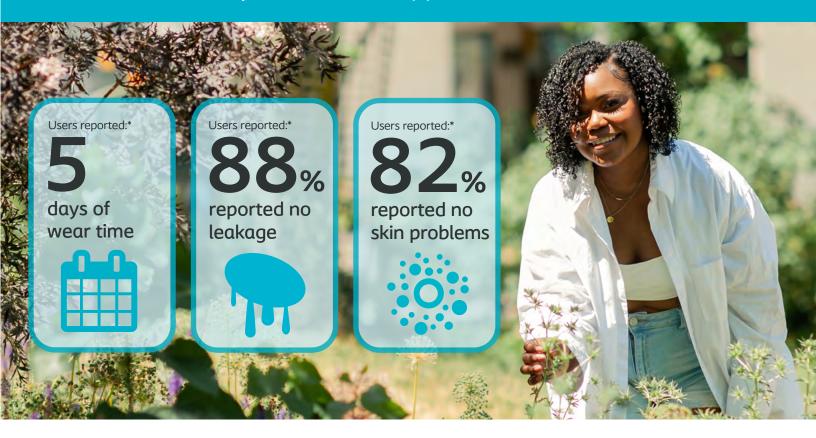


Emily Woodgate RN, BScN, NSWOC, WOCC(C)

Emily has worked as an RN at IWK Health in Halifax, NS since graduating with her Bachelor of Science in Nursing from Dalhousie University in 2010. In 2017, she graduated from the ETNEP program and completed her CNA certification. In early 2018, she accepted the position she continues to hold as a NSWOC at IWK Health serving women, children, and their families. This role includes all three subspecialties of wound, ostomy, and continence as well as burn care. This incorporates inpatient and outpatient population and serves all three maritime provinces. In December 2022, Emily completed her Certificate in Registered Nurse Prescribing through Dalhousie University as part of a pilot project to better serve the needs of the patient population. As a strong advocate for the inclusion of pediatrics in local and national education programming, being a part of the Pediatric Community of Practice has offered a great source of support, expertise, and collaboration.

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NEW clinical study* in Canada supports **SenSura Mio® Concave!**



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'St-Cyr, D., Gilbert, D., Dionne, Il, & Kameka, N. (2022). Evaluation of SenSura® Mio Concave vs. non-concave appliances in people with outward peristomal body profiles (OPBP). NSWOCC 41st National Conference. Sponsored by Coloplast. Full study available on www.coloplast.ca. Please see complete product instructions for use, including all product indications, contraindications, precautions, and warnings.





Speaker Evaluation

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Posters

Friday, **11:30 AM** May 5, 2023 **12:20 AM**

Concurrent

Maple - Executive Level

Recommandations canadiennes de pratiques exemplaires pour la prévention et le traitement de la dermatite associée à l'incontinence chez l'enfant

Abstract:

La dermatite associée à l'incontinence chez l'enfant peut causer un inconfort important chez les nouveau-nés, les nourrissons et les enfants qui souffrent d'incontinence fécale, urinaire ou mixte. Bien qu'ils soient souvent résolus par des traitements simples, certains cas peuvent être plus sévères. Le manque d'uniformité dans l'approche thérapeutique peut faire perdurer le problème, accroître les lésions cutanées, augmenter les coûts associés ainsi que le délai de guérison. La dermatite associée à l'incontinence affecte la qualité de vie de l'enfant et de sa famille et la douleur associée peut parfois nécessiter l'administration d'analgésiques.

La communauté de pratique pédiatrique ISPSCC a élaboré les Recommandations canadiennes de pratiques exemplaires pour la prévention et le traitement de la dermatite associée à l'incontinence chez l'enfant. Ces recommandations proposent une démarche uniforme de prévention, d'évaluation, de gestion et de suivi des différents types d'irritation ou d'infection cutanées associées à l'incontinence. Le groupe a aussi élaboré un guide de référence rapide avec des photos et des recommandations d'approches thérapeutiques. Bien qu'elles soient destinées aux professionnels de la santé, nous pensons que ces recommandations pourront également être un outil utile pour l'enseignement aux familles. Cette session passera en revue les recommandations élaborées par la communauté de pratique pédiatrique et révisées par les pairs.

Presented by:



Louise Forest-Lalande IA, M.Ed., ET

Louise Forest-Lalande est une infirmière stomothérapeute de Montréal. Elle est connue pour son expertise en stomothérapie pédiatrique. Elle est activement impliquée dans les organisations d'infirmières en soins de plaie, de stomie et de continence. Elle a été présidente de l'AIISQ ainsi que du World Council of Enterostomal Therapists (WCET). Elle a enseigné et donné des conférences dans de nombreux pays. En 2019, elle a dirigé un projet en collaboration avec un groupe d'experts internationaux pour élaborer les lignes directrices mondiales sur les meilleures pratiques en matière de soins de stomies pédiatriques. Elle est conseillère académique pour le programme de continence de l'Académie de formation WOC, éditrice de la section francophone de l'Avancée de l'ISPSCC et membre de la communauté de pratique pédiatrique du NSWOCC.



Speaker Evaluation

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Posters

Friday, **11:30 AM** May 5, 2023 **12:20 AM**

Concurrent
Ontario - Level 3

Foundations of Foot Care

Abstract:

It's not just foot care we provide on a daily basis it's always so much more than that. There is a psychosocial aspect that is present as well because we treat patients when they are in a compromised position. Oftentimes patients present with a lot of pain and extreme anxiety. Foot Care Nurses provide patients with a sense of comfort and relief that not many in our field can do.

Presented by:



Lisa Garland RPN, FCN Ed

Lisa began her nursing career 30 years ago and worked everywhere from emergency to general surgery to geriatrics. Due to extraordinary circumstances, she found herself working in community care and loved it. She quickly realized that wound care is a niche in nursing that she was fascinated with and excelled in. However, her skills tapped out at providing quality foot care and had no clue who could help her nor did she know how to tackle feet beyond diabetic ulcers.

In 2012, Lisa discovered a foot care course and registered not knowing exactly what she was going to do with her new skills but she was hopeful that she would be better equip to treat patients presenting with wound and foot aliments. Onward and upward, she took the educators program and TiredSole™ was born.

Her profession allows her to have flexibility in her job and to be able to make her own schedule. She also provides education for nurses who are interested in becoming advanced foot care practitioners. Through the education and training of other healthcare professionals, she is encouraged that that the continuity and the consistency of foot care will improve for patients presenting with foot care needs. TiredSole™ provides care in clinic, the community, hospitals, senior centers or long term care. Nine years later, TiredSole™ is still going strong with 16 nurses treating over 2000 patients a month.

It has been quite a ride and over the years one of the most important truths she has learned is that having both wound and foot care skills enhances a nurse's ability to provide the best possible care. Accolades include: Nomination for Business Woman of the Year in 2022, Faces magazine winner in 2020, 2021 and 2023 and Top Choice for Foot Care Award in 2021 and 2022.



Speaker Evaluation

Wednesday

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Posters

Friday, **12:30 PM** May 5, 2023 **1:30 PM**

Smith-Nephew

Plenary

Confederation II/III - Level 4

Power Lunch: "Stepping up chronic wound management using NPWT to optimizing patient independence" | Sponsored by Smith+Nephew

Learning Objectives:

- Appraise evidence and best practices for the treatment of chronic stalled wounds
- Examine the mechanism of single use NPWT(sNPWT) vs. traditional NPWT
- Critique patient selection and clinical outcomes of NPWT
- Discuss approaches to facilitate the transition from traditional to sNPWT.

Presented by:



Amanda Loney RN, BScN, NSWOC, WOCC(C) IIWCC



Dr. Kevin Woo RN, PhD, NSWOC, WOCC(C), FAPWCA



Speaker Evaluation

Wednesday

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Posters

Amanda Loney RN, BScN, NSWOC, WOCC(C) IIWCC

Amanda Loney earned a BScN from the University of Western Ontario, acquired her WOCN designation from Albany Medical Center in New York and has completed the IIWCC at the University of Toronto. As a community-based nurse and educator for 29 years, Amanda has spent the last 23 years specializing in the areas of wound, ostomy, and continence and is currently a Certified Nurse Specialized in Wound, Ostomy and Continence. In her role with Bayshore Home Care Solutions, as well as in her private practice, Amanda is known as a passionate educator, consultant, and for her extensive clinical knowledge. Most recently, she has keynoted at national conferences and is published in the International Wound Journal.

Dr. Kevin Woo RN, PhD, NSWOC, WOCC(C), FAPWCA

Dr. Kevin Woo is a Professor at Queen's University, Faculty of Health Sciences in Kingston, Ontario. He is known as a leading Canadian researcher in the areas of wound care and chronic disease self-management and has served on expert panels and advisory boards to develop best practice recommendations. He received the Journal of Wound Care's Best Diabetic Foot Ulcer Intervention Award in 2018. In 2020, he received the prestigious Order of Merit Award.

Dr. Woo has authored over 150 peer-reviewed journal articles and 19 book chapters. He maintains an active clinical practice as a wound care consultant. Dr. Woo is also the chair of the Joint Research Ethics Board for West Park Health Center and Toronto Grace Health Center in Toronto. He is the web editor for the Advances in Skin and Wound Care website. He also serves as the President of the Canadian Pressure Injury Advisory Panel.



Speaker Evaluation

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Posters

Friday, **1:40 PM**May 5, 2023 **2:30 PM**

Concurrent

Saskatchewan - Level 3

(Un)learning 2SLGBTQIA+ Terminology, Together!

Abstract:

Let's face it, 2SLGBTQiA+ terminology is challenging and ever-evolving. In its simplest form, the acronym represents diverse sexualities, genders, and sexes. This presentation will outline the basic foundations of the 2SLGBTQiA+ acronym and ways to neutralize language. We will also discuss the impact of past and present colonialization and intersecting forms of oppression in creating the norms of sexuality, sex, and gender. Drawing from queer theory we will be challenging cisheteronormativity (the expectation that one's sex matches their gender, and that people are attracted to the opposite sex) and gender essentialism (the idea that gender is inherent) in order to better equip you to care for 2SLGBTQiA+ clients. Come with an open mind and be prepared to challenge what you think you know!

Presented by:

Jess Crawford RN, BScN

Jess Crawford (they/them) is a white settler, uninvited guest with German and British ancestry. They are a trans, non-binary, and queer Registered Nurse living, learning, and working on Treaty 1 Territory (Winnipeg). Jess' work has focused on mental health and addictions, 2SLGBTQiA+ health, First Nations health, community health, sexual health, and harm reduction across the lifespan in both urban (Treaty 13, Toronto) and remote areas (Treaty 3, Northwestern Ontario).

Jess is in the second year of their Master of Nursing at the University of Manitoba. Their thesis work focuses on supporting the implementation of gender-affirming care in undergraduate nursing education. Jess comes to their work with a humble understanding that not everyone has safe opportunities to explore concepts such as sex (assigned at birth), sexuality, and gender. They view their work as an essential stepping stone to creating safe learning spaces for personal and professional growth in nursing care for 2SLGBTQiA+ care recipients.

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Speaker Evaluation

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Posters

Friday, 1:40 PM 2:30 PM May 5, 2023

Concurrent Maple - Executive Level

Disability Tax Credit - Simple steps to follow

Abstract:

People living with an ostomy are eligible for the Disability Tax Credit (DTC) when a qualified medical practitioner or Nurse Practitioner certifies the Disability Tax Credit application and the Canada Revenue Agency (CRA) approves the application. Application for the DTC can be overwhelming if you are unfamiliar with the process and the 12 page document on the CRA website can seem daunting. The session will detail who qualifies for the DTC, simple steps to complete the application form, and ongoing advocacy strategies from the Ostomy Canada Society and NSWOCC to expand upon the "signage" of the application to include NSWOCs.

Objectives

- Describe the Disability Tax Credit & criteria for eligibility
- Discuss the collaborative efforts of Ostomy Canada and NSWOCC
- Review how to assist ostomy patients with the application process
- Review signage section: Physician or Nurse Practitioner
- Review ongoing advocacy for signage on the application form

Presented by:



Rosemary Hill RN, BScN, CWOCN, WOCC(C)

Rosemary Hill has been a Registered Nurse for over 35 years, now working at Lions Gate Hospital as a Nurse Specialized in Wound Ostomy and Continence. Rosemary is the recipient of the Award of Excellence in Practice from the Association of Registered Nurses of British Columbia (ARNBC). Her past volunteer activities include the role of President for Nurses Specialized in Wound Ostomy Continence Canada from 2016 to 2018. She is a member on the British Columbia Provincial Skin and Wound Committee, continues to chair the Provincial Ostomy Committee, and is an expert speaker at national and international events. Most recently volunteer activities have taken her to Argentina where she provided wound education.



Speaker Evaluation

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Friday, **1:40 PM** May 5, 2023 **2:30 PM**

Concurrent

Confederation II/III - Level 4

Choosing Wisely - Urinary Catheters

Abstract:

Urinary catheters are one of the mainstays of management of lower urinary tract disorders. The range and variety of different options in this area can sometimes be overwhelming to practitioners. A good knowledge of the options available and the rationale behind making good decisions on urinary catheter choice are critical to ensuring effective and efficient patient care. The subsequent management and care of urinary catheters makes sure that patients get the most positive experience and minimize complications and the need for additional intervention.

Presented by:



Dr. Sean Pierre MD, FRCSC

Dr. Pierre is a community urologist in Ottawa, Ontario, working primarily out of the Queensway Carleton Hospital. He earned his medical degree at the Schulich School of Medicine and Dentistry at the University of Western Ontario, and did his urology residency at Queen's University. He completed a two-year fellowship at Duke University in minimally invasive urologic surgery (endourology, laparoscopy and robotics).

Dr. Pierre has been involved in many regional and provincial initiatives focusing on using technology and information to make patient care more efficient and comprehensive. He is a consultant on the Ontario eConsult service, and helped develop the Ontario eReferral program and Access to Care Surgical Wait Time Dashboard program. He has been a member of the Physician Advisory Group on informatics at the Queensway Carleton Hospital, and served as the Deputy Chief of Staff at that site. He was awarded the Queensway Carleton Hospital Innovation Award in 2015, where he has been a Service Champion.



Speaker Evaluation

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Friday, **1:40 PM** May 5, 2023 **2:30 PM**

Concurrent
Ontario - Level 3

Treatment of Malignant Wounds

Abstract:

Malignant wounds are challenging to manage for many reasons. They impact the patient's body image, being a reminder of cancer disease. These malignant masses can have features such as malodor, high levels of exudate, risk of bleeding and can be in difficult anatomical locations to dress. While disease response, and hence wound response, are primarily related to systemic treatments such as chemotherapy, immunotherapy and targeted radiation therapy, local wound care can have a profound impact on quality of life for these patients by managing wound odor, exudate and inflammation. Many of the principles for managing non-malignant wounds are applicable to malignant wounds, such as the 'TIME' acronym on wound bed preparation (Schultz G. et.al 2003). Using a series of case studies, the management of malignant wounds will be reviewed.

Presented by:



James Smith RN, MA (Soc.Sci.), BScN, NSWOC

James (Jim) has been an RN with 30+ years' experience in oncology inpatient care at a large cancer center in Toronto. He has worked in both inpatient hematology and solid tumor units. Wound care was always an interest of his and he became the Clinical Nurse Specialist for wound and ostomy at his facility in 2017, completing his WOC-EP to achieve his NSWOC designation in 2018. He has a clinical interest in many aspects of oncologic wounds, including malignant wounds and radiation dermatitis.



Speaker Evaluation

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Posters

Friday, **1:40 PM** May 5, 2023 **2:30 PM**

Concurrent
Les Saisons - Level 3

Éruption cutanée chez l'enfant (Français)

Objectifs:

- 1. Reconnaitre les éruptions cutanées fréquentes chez l'enfant
- 2. Savoir traiter ces éruptions
- 3. Savoir quand référer en spécialité

Presented by:



Jérome Coulombe MD, FRCPC, DABD, PEDABD

Dr Jérôme Coulombe est diplômé en dermatologie de l'université de Sherbrooke et de l'Université de Montréal. Il a effectué une surspécialisation en dermatologie pédiatrique au CHU Ste-Justine à Montréal et au CHU Necker Enfants-Malades à Paris en France. Il est Professeur Associé au département de pédiatrie de l'Université de Montréal. Il pratique la dermatologie à temps plein depuis 2015 au CHU Ste-Justine à Montréal et à la clinique Medic'Elle à Montréal.



Speaker Evaluation

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Posters

Friday, 2:40 PM 2:55 PM May 5, 2023

Concurrent

Maple - Executive Level

Oral Abstracts

Development of the BC/Yukon Frostbite Management Standards

Frostbite injury develops when skin temperature drops to 2°C or lower, and can occur in any geographical location (remote, rural or city), within any socio-economical group and can occur at any age. The injury can range from mild to severe, potentially leading to amputation.

Although there is an awareness of these injuries, healthcare officials in British Columbia do not currently collect data on the prevalence of cases and nursing programs provide little to no education on the management of these wounds which require a unique treatment plan differing from most other wounds, that of supporting dry eschar, in some cases to the point of mummification.

With permission and support from Dr. Alex Poole and Pharmacist Josianne Gauthier, who developed the Yukon Hospitals Frostbite Injury Protocol, the British Columbia Provincial Nursing Skin & Wound Committee (PNSWC) set about developing wound management practice standards for frostbite injures.

The presentation will lay out how the PNSWC used the protocol's wound management plan as a starting point for the development of its provincial guideline, quick reference guide, assessment form and client educational resource. The presentation will also share the assessment criteria, interprofessional interventions required to minimize the effect of frostbite injury, and the education provided to support the client in self-care throughout the injury process and post-injury care.

Running in tandem with the committee's work is the development of regional physician/ nurse practitioner protocols for the medical management of frostbite. There is discussion of a provincial, interprofessional protocol bringing together both the medical management of the systemic effects of the injury and the nursing management of the wounds which lead to the development of a provincial standard of care for the client with a frostbite injury.

Presented by:

Elaine Veldman RN, WOCC

Misty Stephens

WOCC(C)

RN, BScN, NSWOC,

Mary Anne MacLean

RN, MCISc WH, NSWOC, WOCC



Speaker Evaluation

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Elaine Veldman RN. WOCC

Elaine Veldman has been a Nurse Specialized in Wound, Ostomy and Continence since 2007, in the northwest corner of the Northern Health Authority (NHA), British Columbia. She is the current chair for the Health Authority Skin Wound Ostomy & Continence Committee and has participated on the BC provincial Nursing Skin & Wound Committee for the past 11 years. Elaine gratefully lives, works and adventures in Terrace, BC, located in the beautiful Skeena River Valley, the unceded traditional territory of the Tsimshian Nation.



Misty Stephens RN, BScN, NSWOC, WOCC(C)

Misty Stephens has been a Registered Nurse for 17 years, starting in surgical services and trauma care and completing her NSWOC education in 2016. She continues to advance her education finishing her Foot Care Nurse education in 2021 and then completing her Masters of Clinical Science in Wound Healing in 2022. Misty is the chair of the BC Provincial Nursing Skin and Wound Community of Practice and is an active participant in the development of many provincial decision support tools and procedures for skin, wound, ostomy and therapeutic surfaces. She supports two charities by volunteering her time on organizing committees for the Twins Cancer Fundraiser event and Myeloma Canada.



Mary Anne MacLean RN, MCISc WH, NSWOC, WOCC

Mary Ann MacLean is the Clinical Nurse Specialist in the field of skin and wound for the Interior Health Authority. In her role she improves patient outcomes in the areas of clinical care, system leadership, advancement of nursing practice, and participates in research and evaluation of skin and wound care related projects and initiatives. Her career has taken her across Alberta and British Columbia, the latter being where she currently resides in Kamloops.



Speaker Evaluation

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Posters

Friday, **2:55 PM**May 5, 2023 **3:10 PM**

Concurrent

Maple - Executive Level

Intraoperative use of a ceramide infused soft convex ostomy skin barrier to address post-operative leakage: A case series.

Case History: Standard ostomy practice includes application of a flat ostomy barrier in the operating room for patients undergoing ileostomy, colostomy and urostomy surgeries.

Clinical Situation: Within 24-48 hours post-operatively, leakage of effluent frequently occurs under a flat ostomy barrier, which may come in contact with the midline incision. As a result, peristomal skin irritation may also develop, which contributes to pain and decreased quality of life in the early days of stoma creation. A recent convexity consensus publication concluded that "a convex ostomy pouching system can be used safely regardless of when the stoma was created."

Actions Taken: A case series involving 7 patients (4 ileostomy, 2 urostomy, 1 colostomy) was undertaken at a large teaching hospital in Western Canada. Ages ranged from 55—88 years old with varying etiologies including Crohn's, diverticular disease, rectal cancer, bladder cancer and pancreatic cancer. A decision was made to apply a ceramide infused soft convex skin barrier on all ostomy patients in the operating room. A slim barrier ring was added to the ostomy barrier to enhance the seal around the ostomy.

Results/outcomes: No leakage was noted in all seven patients from the time of application to the time of first barrier removal for ostomy teaching. All subjects exhibited intact peristomal skin during the first barrier removal which occurred between post-operative days 2-4. These cases suggest that the use of a ceramide infused skin barrier with soft convexity helped increase barrier wear time without stomal complications. It is noted that these case studies represent individual nurse/patient experience and are not intended to suggest that all patients will obtain similar results.

Implications for practice: Use of a ceramide infused skin barrier with soft convexity and barrier ring may be considered during the intraoperative period to address post-operative leakage.

Presented by: Rosemary Hill, RN, BScN, CWOCN, WOCC(C)



Speaker Evaluation

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Posters



Rosemary Hill RN, BScN, CWOCN, WOCC(C)

Rosemary Hill has been a Registered Nurse for over 35 years, now working at Lions Gate Hospital as a Nurse Specialized in Wound Ostomy and Continence. Rosemary is the recipient of the Award of Excellence in Practice from the Association of Registered Nurses of British Columbia (ARNBC). Her past volunteer activities include the role of President for Nurses Specialized in Wound Ostomy Continence Canada from 2016 to 2018. She is a member on the British Columbia Provincial Skin and Wound Committee, continues to chair the Provincial Ostomy Committee, and is an expert speaker at national and international events. Most recently volunteer activities have taken her to Argentina where she provided wound education.



Speaker Evaluation

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Friday, **3:10 PM** May 5, 2023 **3:25 PM**

Concurrent

Maple - Executive Level

Project ECHO Skin and Wound Introductory Series on Lower Extremity (Leg & Foot) Ulcer Management improves clinicians' bedside collaborative knowledge

Presented by:

R. Gary Sibbald, BSc MD, MEd, DSc (Hons), FRCPC (Med, Derm) FAAD, MAPWCA JM

Authors:

R. Gary Sibbald, BSc MD, MEd, DSc (Hons), FRCPC (Med, Derm) FAAD, MAPWCA JM

Nancy Delgarno, HBOR BEd MEd PhD OCT,

Eleftherios Soleas, BScH, BEd, MEd, PhD, OCT

Reneeka Jaimangal, MD, MScCH, IIWCC-CAN

Richard van Wylick, MD, FRCPC

Karen Smith, MD, FRCPC, FAAPMR, FABEM Purpose: To evaluate the effectiveness of Project ECHO Skin and Wound Introductory Series on Lower Extremity (Leg & Foot) Ulcer Management.

Methodology: The series consisted of four topics on common leg and foot ulcer conditions following the Wound Bed Preparation 2021 approach (Lower limb vascular assessment, Compression therapy, Infection and Differential diagnosis of lower leg ulcers). These topics were delivered twice to different learners for a total of 8 sessions offered between March 9th and 30th 2022. Data was collected and analyzed from learner feedback from 8 post-session evaluation surveys.

Results: The objectives of Project ECHO Skin and Wound Introductory Series on Lower Extremity Ulcer Management were met. Participants indicated that they perceived increases in their confidence, knowledge, skills, and their ability to manage skin and wound care patients. Additionally, participants indicated that attendance at the sessions enhanced their knowledge, skills, and attitudes towards interprofessional collaboration. The majority of participants believed that they would be able to apply changes to their practice based on their learning experience during this series. Across sessions, approximately one-third of participants indicated that they did anticipate barriers to applying knowledge in practice.

Implications/Applications: Utilizing the Wound Bed Preparation approach, participants to further improve their skin and wound care knowledge, in addition to their clinical skills, to manage lower extremity ulcers. Applications to practice include incorporating the audible handheld Doppler as a simple bed side tool for vascular assessment, utilizing infrared thermometry, improving compression therapy application techniques, recognizing when a biopsy is required and fostering interprofessional team collaboration. In conclusion, this was a highly successful interprofessional series for educating health care professionals, improving professional practice and patient outcomes.



Speaker Evaluation

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R. Gary Sibbald, BSc MD, MEd, DSc (Hons), FRCPC (Med, Derm) FAAD, MAPWCA JM

Dr. Sibbald is a dermatologist and internist with a special interest in wound care and education. He is a professor of Medicine and Public Health at the University of Toronto and is globally recognized as an international wound care key opinion leader, educator, clinician and clinical researcher. He has over 200 publications and is co-editor and chapter author of the Chronic Wound Care 5 textbook. He is also coeditor in chief of Advances in Skin & Wound Care.

He was co-founder (1995) and Chairperson (1995-2000) of the Canadian Association of Wound Care and was the former Director of the Wound Healing Clinic at Women's College Hospital (1994 - 2009). He is also a previous president of the World Union of Wound Healing Societies (2008) - 2012). In 1999, he co-developed the International Interprofessional Wound Care Course and has been the director for 40 courses worldwide.

Dr. Sibbald received the Queen Elizabeth II Diamond Jubilee medal in 2013 and Honorary Doctor of Science from Excelsior College in 2014. He is an investigator for the Institute for Better Health at Trillium Health Partners. Currently he is the project ECHO lead (2018) for Ontario Skin and Wound tasked to develop interprofessional teams for all 14 Ontario Local Integrated Health Networks.



Speaker Evaluation

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Posters

Friday, 2:40 PM May 5, 2023 3:30 PM

Concurrent Ontario - Level 3

Social Media from a Patient Perspective - Influencer on **Ostomy Management**

Presented by:



Paula Sojo



Christie Cowan RN, BScN, NSWOC, WOCC(C)

Abstract:

"Living with an ostomy can be insanely difficult, especially throughout your teenage years. It's easy to feel isolated when you don't hear many people speaking up about it. Throughout my journey advocating online, I've learned from this community the necessity for support, education and information. It's not just about making friends who "get it", it's also about providing ostomy users with information. Many leave the hospital without knowing what to eat, how to dress or how to take a shower. There's a huge lack of education from nurses to ostomy patients and it shows. That's where online creators like myself have stepped in and filled in the gaps on questions which are left unanswered. I strongly believe that as a new ostomy user, we should be discharged from the hospital with all the information we need to thrive and survive in the real world.

This session will discuss the following:

- 1. Using social media to enhance educational experiences
- 2. How social media can help connect healthcare professionals
- 3. What can be learned from a patient's perspective"



Speaker Evaluation

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Paula Sojo Social Media Influencer

As a Crohn's patient for years, Paula has faced the many struggles that come with this disease, one of them being how living with an ostomy can severely affect mental health. She first got her ostomy at 18 years old and since then she has built an online following of 250,000 people with similar conditions and related medical devices. Paula is most passionate on raising awareness and destigmatizing ostomies. Her audience knows her most for proudly owning her ostomy online page making matching ostomy covers to her outfits. Paula is also working towards launching an accessory line for ostomy users to regain their confidence and wear their pouch proudly.

Christie Cowan RN, BScN, NSWOC, WOCC(C)

Christie graduated from The University of Ottawa BScN program in 2009. After spending 8 years in Medicine and the Intensive Care Unit, she completed the WOC program in 2017 and has been working as an NSWOC at The Ottawa Hospital ever since. Christie also works for the WOC institute as the Ontario Preceptor Placement Co-ordinator. In 2021, Christie began blogging about her pandemic experience as a nurse who was redeployed back to the ICU. Her blog and social media content began attracting media attention and led to her starting a podcast called "Beyond the Bedpan." She was quickly named a nursing advocate by her peers and the media. Christie interviews nurses from all areas with the goal of re-lighting a spark in the profession that many lost during the pandemic, as well as helping nurses explore other areas in the profession they could move to, instead of leaving the profession all together. On top of interviewing healthcare professionals, she also interviews people who have had experiences as patients, with a focus on learning their perspectives and thoughts during their time of needing care. In 2022, her work on social media and her podcast led to a nomination for the annual Hospital News Nursing Hero award, in which she placed 3rd. Christie has a passion for education and teaching and has learned to use social media to share her knowledge and help educate others such as her "Stoma September" and "Wound Wednesdays", which are both question and answer periods that been quite popular amongst her peers.



Speaker Evaluation

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Posters

Friday, May 5, 2023

2:40 PM 3:30 PM Concurrent
Les Saisons - Level 3

Promoting Continence and Quality of Life with Prompted Voiding in Older Adults

Abstract:

Prompted voiding is a non-invasive intervention aimed at improving continence and quality of life in older adults with urinary incontinence. The technique involves reminding older adults to use the toilet regularly and providing positive reinforcement. The purpose of this presentation is to highlight the benefits of prompted voiding in older adults and to explore how this technique can be used to promote continence and quality of life. The presentation will cover the principles of prompted voiding, current literature related to the topic, and how prompted voiding can be utilized to meet the needs of older adults. It will also discuss the importance of caregiver involvement in implementing this technique, as well as potential challenges and solutions for successful implementation. Finally, the presentation will provide practical tips for healthcare providers and caregivers to effectively implement prompted voiding. These tips will include strategies for developing a prompted voiding program and monitoring progress.

Presented by:



Corey Heerschap RN, MScCH(WPC), BScN, NSWOC, WOCC(C), IIWCC

Corey is the President-Elect for Nurses Specialized in Wound, Ostomy and Continence Canada and an experienced Clinical Nurse Specialist for wound and ostomy care at the Royal Victoria Regional Health Centre in Barrie, Ontario. He completed his Master of Science in Community Health specializing in wound prevention and care and the International Interdisciplinary Wound Care course from the University of Toronto in 2015. He attended the Enterostomal Therapy Nurse Education program and is certified in Wound, Ostomy & Continence Nursing through the Canadian Nurses Association. In his current role he works alongside the interdisciplinary team to ensure best practice in wound care is being utilized throughout the health center through education, consultation, program creation and policy development. He is the co-chair of the RNAO Best Practice Guideline for pressure injuries and past expert panel member for the second edition of the Ostomy Care and Management guideline. Corey has also assisted in the development of the Canadian Nurses Association Wound, Ostomy and Continence certification exam. Corey has conducted and published research in the fields of wound, ostomy, and nursing education. He is currently completing a PhD in Nursing at Queens University focusing on wound care decision making by nurses.



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ences: 1. Sampson CM, Sampson MN. Hypochlorous acid: A safe and efficacious new wound therapy. Poster presented at: World Union of Wound Healing Societies; 2008; Toronto, Ontario, la. 2. Vashe Wound Solution data developed from USP 51 Antimicrobial testing. 3. Robson MC. Treating chronic wounds with hypochlorous acid disrupts biofilm. Today's Wound Clinic. 1(9). 4. Nagoba BS, Suryawanshi NM, Wadher B, et al. Acidic environment and would healing: A review. Wounds. 2015;27(1):5-11.





Speaker Evaluation

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Posters

Friday, May 5. 2023

2:40 PM 3:30 PM Concurrent

Confederation II/III - Level 4

Skin Tears

Presented by:



Dr. Kimberly LeBlanc PhD, RN, NSWOC, WOCC(C), FCAN

Abstract:

Skin tears are among the most common forms of skin injury affecting frail and older individuals, yet their impact is often minimized by healthcare professionals. While initially acute wounds, skin tears frequently become painful, chronic and complex wounds that have a high propensity to develop infections. It is important for healthcare professionals to identify skin tears as adverse and reportable events that compromise patient safety. For this reason, clinicians must be able to recognize what skin tears are, who is at risk of developing them, where, when and why they usually occur and how to treat them appropriately. The purpose of this presentation is to define skin tears, explore the identification/prediction of individuals at risk for skin tear development and to discuss comprehensive skin tear prevention strategies.

By the end of this session the learner will be able to:

- 1. Discuss risk factors for skin tear development
- 2. Describe best practices for the prevention of skin tears
- 3. Discuss strategies for the management of skin tears
- 4. Describe barriers and facilitators to implementing best practices in skin tear management

References:

- Campbell K, Baranoski S, Gloeckner M, Holloway S, Idensohn P, Langemo D, LeBlanc K. (2018). Skin Tears: Prediction, Prevention, Assessment and Management. Nurse Prescribing. 16(12) 600-607.
- LeBlanc K., Campbell K., Beeckman D., Dunk A., Harley C., Hevia H., Holloway S., Idensohn P., Langemo D., Ousey K., Romanelli M., Vuagnat H., Woo K. (2018). Best practice recommandations for the prevention and management of skin tears in aged skin. Wounds International 2018. Available to download from www. woundsinternational.com
- 3. Vanzi V., LeBlanc K. (2018). Skin Tears in the Aging Population: Remembering the 5Ws. EWMA Journal 19(1) 15-20.
- 4. LeBlanc K., Baranoski S. (2018). Skin tears: the underappreciated enemy of aging skin. Wounds International. 9 (1), 10-14.



Speaker Evaluation

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Posters

Dr. Kimberly LeBlanc PhD, RN, NSWOC, WOCC(C), FCAN

Dr. Kimberly LeBlanc is the Present Elect of the Canadian Nurses Association (CNA) and Academic Chair of the NSWOCC Wound, Ostomy and Continence Institute. She has a PhD in Nursing from Queens University and is an Adjunct Professor with the University of Western Ontario Masters in Wound Care Program, an Affiliate Lecturer at the McGill University School of Nursing, and an Honorary Senior Lecturer with Cardiff University. Dr. LeBlanc is a board member and past president of the International Skin Tear Advisory Panel. She has lectured nationally and internationally on wound and ostomy care and is considered an expert on wounds in the aging population. In 2016, Dr. LeBlanc was awarded the Registered Nurses of Ontario Leadership Award in Nursing Education (Academic), and the prestigious Canadian Nurses Association Order of Merit for Nursing Education. In 2020, she was inducted as Fellow of the Canadian Academy of Nursing for her contributions to nursing in Canada.



Speaker Evaluation

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Posters

Friday, May 5. 2023

2:40 PM 3:30 PM Concurrent

Saskatchewan - Level 3

Recommandations canadiennes de meilleures pratiques pour les tubes d'alimentation

Abstract:

Cette session sera consacrée à la présentation des recommandations canadiennes pour la prise en charge des tubes d'alimentation percutanés. La présentation abordera la méthodologie utilisée et permettra de faire un survol de l'ensemble du document.

Presented by:



Valérie Chaplain IA, Bsc. Inf, ISPSC, PSCC(C)

Biologiste et infirmière de formation, Valérie Chaplain a obtenu sa certification comme infirmière spécialisée en plaies, stomies et continence. Elle occupe le poste d'ISPSC à l'Hôpital Montfort d'Ottawa depuis 2013 où, en plus des soins aux patients, elle participe activement à la formation du personnel infirmier et médical. Elle est invitée occasionnellement à offrir des cours en soins de plaies aux Universités de Sherbrooke et d'Ottawa. Largement engagée au sein des ISPSCC, elle tente de bonifier la diffusion des documents produits par les ISPSCC au sein de toute la communauté franco-canadienne. Finalement elle vient de terminer la co-direction d'un ouvrage de référence en français paru cet hiver aux Presses de l'Université Laval.



Speaker Evaluation

Wednesday

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Posters

Friday, **4:30 PM** May 5, 2023 **5:30 PM**

Plenary

Confederation II/III - Level 4

Stop Declassification! Advocating for the NSWOC Role

Presented by:



Anne Le RN, BN, NSWOC



Enza Browne RN BScN, NSWOC, WOCC(C)



Misty Stephens RN, MCISc(WH), BScN, NSWOC, WOCC(C)



Najwa Shbat RN, BScN, NSWOC, NCA



Erin Rajhathy RN, BScN, MCIScWH, NSWOC, WOCC(C)



RN, EMBA, IIWCC (Moderator)

Abstract:

With constant changes to the Canadian healthcare system and nursing specialties, nurses specialized in wound, ostomy, and continence (NSWOCs) are facing many situations that require them to focus their attention on advocating for their profession. Over the past few years, there have been multiple cases of healthcare organizations and leadership teams reposting vacant specialist roles as declassified, general registered nurse staff positions, resulting in reduced remuneration and modification of responsibilities to justify the declassified position. This is simply not acceptable. Now more than ever nurses, especially those in specialist roles, need to increase their depth and breadth of knowledge and stay well informed of their professional organization's structure, including the leadership team, as well as be able to identify and collaborate with professional unions. They also need to identify how their association can support advocacy efforts. In this presentation, three examples of major healthcare organizations and their attempt to post declassified positions in three different provinces within Canada will be discussed and the steps taken in response to these postings will be described. We will end by providing an overview of what NSWOCs need to do to stay informed and be well prepared to advocate for the role.



Speaker Evaluation

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Posters

Anne Le RN, BN, NSWOC

Anne Le graduated with a Bachelor of Nursing in 1998 from the University of Sydney, Australia. On a whim, in 2001 she started her one-year nursing contract with Alberta Health Services in Edmonton. Over 20 years later, Alberta has become her home. As an RN in general surgery, Anne developed an interest in complex wound care management with surgical post-op adult patients. In 2010 Anne received her NSWOC credentials and was employed as a Clinical Nurse Educator in surgical department up until December of 2019 when she became the fourth NSWOC of the Wound and Ostomy Department at the Grey Nuns Community Hospital. Being employed as an RN, a Nurse Educator and then as an NSWOC, Anne has been in a unique position to develop an understanding of all three roles and utilized this knowledge to successfully advocate for change of the NSWOC classification from RN to Nurse Clinician at the Grey Nuns Community Hospital in Edmonton, Alberta.

Enza Browne RN BScN, NSWOC, WOCC(C)

Enza Browne is a Wound, Ostomy, and Continence Nurse Clinician at Hamilton Health Sciences (HHS). After beginning her career in orthopaedics, Enza joined the burn unit as a critical care nurse where she discovered her passion for wound care. In 2010, she completed the International, Interprofessional Wound Care Course at the University of Toronto. In 2015, she went on to complete the Enterostomal Therapy Nursing Education program (ETNEP) through the Canadian Association for Enterostomal Therapy (CAET) - currently now known as the Wound, Ostomy and Continence Education Program (WOC-EP) offered through Nurses Specialized in Wound, Ostomy and Continence Canada (NSWOCC).

In her current role, Enza works collaboratively with an interdisciplinary team promoting best practice guidelines. She facilitates corporate skin, wound and ostomy workshops and is also a member of the committee for The Prevention of Pressure Injuries. In addition, Enza provides mentorship regarding wound and ostomy care to staff, residents, and nursing students. Most recently she has been appointed to serve on The Focus on Trauma Committee at HHS.

Misty Stephens RN, MCISc(WH), BScN, NSWOC, WOCC(C)

Misty Stephens has been a Registered Nurse for 17 years, starting in surgical services and trauma care and completing her NSWOC education in 2016. She continues to advance her education finishing her Foot Care Nurse education in 2021 and then completing her Masters of Clinical Science in Wound Healing in 2022. Misty is the chair of the BC Provincial Nursing Skin and Wound Community of Practice and is an active participant in the development of many provincial decision support tools and procedures for skin, wound, ostomy and therapeutic surfaces. She supports two charities by volunteering her time on organizing committees for the Twins Cancer Fundraiser event and Myeloma Canada.



Speaker Evaluation

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Erin Rajhathy RN, BScN, MCIScWH, NSWOC, WOCC(C)

Erin is a certified Nurse Specialized in Wound, Ostomy, and Continence (NSWOC) working as a Program Developer for NSWOC Canada programs. She is also the Director of Spanish programs for the Wound, Ostomy, and Continence institute where she is advancing and overseeing the WOC-EP Spanish program. Erin received her BScN from the University of Ottawa and her Master's of Wound Healing through the University of Western Ontario. She is now completing her PhD through Örebro University in Sweden.

Erin has held various leadership positions within NSWOC Canada including treasurer. She is currently the Core Program Lead for Community Engagement. She has participated in finance, policy and political action with the Registered Nurses Association of Ontario. Erin is back and forth between Canada and Mexico where she is advancing specialized knowledge within the nursing profession by establishing a free clinic for locals and working with various healthcare professionals within the area to build capacity within the community.

Najwa Shbat RN, BScN, NSWOC, NCA

Naiwa Shbat is a Nurse Specialized in Wound Ostomy and Continence (NSWOC) and a Nurse Continence Advisor (NCA) working at Hamilton Health Sciences as a skin, wound, and ostomy clinician. She worked as a Nurse Clinician-Continence in clinic, hospital, and community settings, as well as an NSWOC in the community. Najwa is also an academic advisor for the continence program with the Wound Ostomy Continence Institute.



Speaker Evaluation

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Posters

Friday, **5:3** May 5, 2023 **6:3**

5:30 PM 6:30 PM Plenary

Confederation II/III - Level 4

Does the geko[™] device accelerate the rate of healing in VLU patients? | Sponsored by geko[™] (Perfuse Medtec Inc.)

Abstract:





Presented by:



Dr. R. Gary SibbaldMD., M.Ed., D.SC (Hon),
FRCPC (Med)(Derm),
FAAD, MAPWCA, JM



Video Introduction by: Sir Prof. Keith G. Harding CBE, FRCGP, FRCP, FRCS (United Kingdom)



Speaker Evaluation

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Posters

Dr. R. Gary Sibbald MD., M.Ed., D.SC (Hon), FRCPC (Med)(Derm), FAAD, MAPWCA, JM

Dr. Sibbald is a dermatologist and internist with a special interest in wound care and education. He is a professor of Medicine and Public Health at the University of Toronto and is globally recognized as an international wound care key opinion leader, educator, clinician and clinical researcher. He has over 200 publications and is co-editor and chapter author of the Chronic Wound Care 5 textbook. He is also co-editor in chief of Advances in Skin & Wound Care.

He was co-founder (1995) and Chairperson (1995-2000) of the Canadian Association of Wound Care and was the former Director of the Wound Healing Clinic at Women's College Hospital (1994 - 2009). He is also a previous president of the World Union of Wound Healing Societies (2008 - 2012). In 1999, he co-developed the International Interprofessional Wound Care Course and has been the director for 40 courses worldwide.

Dr. Sibbald received the Queen Elizabeth II Diamond Jubilee medal in 2013 and Honorary Doctor of Science from Excelsior College in 2014. He is an investigator for the Institute for Better Health at Trillium Health Partners. Currently he is the project ECHO lead (2018) for Ontario Skin and Wound tasked to develop interprofessional teams for all 14 Ontario Local Integrated Health Networks.

Sir Prof. Keith G. Harding CBE, FRCGP, FRCP, FRCS (United Kingdom)



Speaker Evaluation

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Saturday, May 6

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Speaker Evaluation

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Posters

Saturday, 7 May 6, 2023

7:00 AM 8:00 AM Plenary

Confederation II/III - Level 4

Power Breakfast: A Foray into the Ultimate Healing Powers of the geko[™] device....the next randomized controlled trial Sponsored by geko[™] (Perfuse Medtec Inc.)

Abstract:





Presented by:



Dr. R. Gary Sibbald MD., M.Ed., D.SC (Hon), FRCPC (Med)(Derm), FAAD, MAPWCA, JM

Dr. Sibbald is a dermatologist and internist with a special interest in wound care and education. He is a professor of Medicine and Public Health at the University of Toronto and is globally recognized as an international wound care key opinion leader, educator, clinician and clinical researcher. He has over 200 publications and is co-editor and chapter author of the Chronic Wound Care 5 textbook. He is also coeditor in chief of Advances in Skin & Wound Care.

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Dr. Sibbald received the Queen Elizabeth II Diamond Jubilee medal in 2013 and Honorary Doctor of Science from Excelsior College in 2014. He is an investigator for the Institute for Better Health at Trillium Health Partners. Currently he is the project ECHO lead (2018) for Ontario Skin and Wound tasked to develop interprofessional teams for all 14 Ontario Local Integrated Health Networks.



Speaker Evaluation

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Posters

Saturday, **8:00 AM** May 6, 2023 **8:50 AM**

Plenary

Confederation II/III - Level 4

Parastomal Hernia Best Practice Recommendations

Abstract:

The incidence of developing a parastomal hernia has been reported to be as high as 81% and is associated with stoma-related complications, pouching challenges, poor quality of life, and financial implications both personal and to the health care system (Shiraishi et al., 2020). A parastomal hernia is a frequent complication associated with creation of a fecal or urinary ostomy. Developing a parastomal hernia can be reduced by modifying risk factors and advocating for preventative measures.

In Canada, there are no recent nursing guidelines for preventing, assessing, identifying, and managing parastomal hernias. Nurses Specialized in Wound, Ostomy and Continence Canada brought together fourteen expert panelists from across Canada, including Nurses Specialized in Wound, Ostomy, and Continence (NSWOCs), a colorectal surgeon and a physiotherapist to develop best practice recommendations for parastomal hernia prevention, assessment and management. Best practice recommendations are intended for use by NSWOCs, Registered Nurses, physicians, and other allied health care professionals.

Through the use of a case study, this panel presentation will review the 15 recommendations of the NSWOCC parastomal hernia prevention, assessment and management document, highlight research, emphasize areas for advocacy and provide pearls of wisdom.

References:

- 1. Nurses Specialized in Wound, Ostomy and Continence Canada. (2023, January). Parastomal Hernia Prevention, Assessment, and Management: Canadian Best Practice Recommendations. 1st Ed.
- 2. Shiraishi T, Nishizawa Y, Ikeda K, Tsukada Y, Sasaki T, Ito M. Risk factors for parastomal hernia of loop 1501 stoma and relationships with other stoma complications in laparoscopic surgery era. BMC Surg. 2020 1502 Dec;20(1):1-7. https://doi.org/10.1186/s12893-020-00802-y

Presented by:

Mary Hill	Nicole Pitcher	Dr. Kimberly LeBlanc
RN, BScN, MN, NSWOC, WOCC(C)	RN, BScN, MCISc(WH), NSWOC	PhD, RN, NSWOC, WOCC(C), FCAN
Kelly D Sair	Laureen Sommerey	



Speaker Evaluation

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Mary Hill RN, BScN, MN, NSWOC, WOCC(C)

Mary is a Certified Nurse Specialized in Wound, Ostomy and Continence (NSWOC) working as a NSWOC educator and consultant for Integrated Home Care for Alberta Health Services in Calgary, Alberta where she supports nurses and clients in community care. Mary has extensive experience in the areas of ostomy, wound and continence care in acute and community settings. She received her diploma in nursing from Foothills Hospital, Bachelor of Science in Nursing (BScN) from the University

of Alberta and Master's in Nursing (MN) from the University of Calgary. She completed her Enterostomal Therapy Nurse education program through Albany, NY. Mary participates on various committees and in the development of education and guidelines related to wound, ostomy and continence management. Mary has presented and participated on expert panels at conferences both nationally and internationally. Mary has held many leadership roles with the Nurses Specialized in Wound Ostomy and Continence Canada (NSWOCC) including Professional Practice Group Coordinator, President and is currently the Program Lead for the National Conference Planning Core Program.



Nicole Pitcher RN, BScN, MCISc(WH), NSWOC

Nicole graduated from St. Francis Xavier University in 2005. Currently she has been practicing nursing in Newfoundland in many different capacities including surgery, medicine and community and public health. In 2009, she completed the NSWOCC Wound, Ostomy and Continence Education Program. She has been in the role of the clinical lead for the Skin, Wound and Ostomy Program at Central Health for 13 years. In 2017, to further her knowledge, she completed the Masters of Clinical Science – Wound Healing

from the University of Western Ontario. She also works as a wound care academic advisor for the Wound Ostomy and Continence Institute. Most recently, she has taken an interest in dog grooming and is taking an online course. Nicole is a typical Newfoundland girl who loves being tucked away in her cabin in the woods surrounded by peace and quiet.



Kelly D Sair BScPT, MCISc(WH)

Kelly has been a physiotherapist for 29 years and is actively involved in education, wound management and the use of adjunctive therapies. Kelly completed her Master of Clinical Science with specialization in wound healing at Western University in the Fall of 2017 and is the Co-Lead for the National E-Stim Collaboration Group supporting E-Stim implementation. Kelly has worked for Alberta Health Services since 1994 and is currently the Clinical Educator for the Consult and Treat Team in Calgary Integrated Home

Care. Kelly works in a collaborative interdisciplinary wound clinic that manages complex patients with complex wounds. Kelly is a board member of the Canadian Pressure Injury Advisory Panel.



Speaker Evaluation

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Dr. Kimberly LeBlanc PhD, RN, NSWOC, WOCC(C), FCAN

Dr. Kimberly LeBlanc is the Present Elect of the Canadian Nurses Association (CNA) and Academic Chair of the NSWOCC Wound, Ostomy and Continence Institute. She has a PhD in Nursing from Queens University and is an Adjunct Professor with the University of Western Ontario Masters in Wound Care Program, an Affiliate Lecturer at the McGill University School of Nursing, and an Honorary Senior Lecturer with Cardiff University. Dr. LeBlanc is a board member and past president

of the International Skin Tear Advisory Panel. She has lectured nationally and internationally on wound and ostomy care and is considered an expert on wounds in the aging population. In 2016, Dr. LeBlanc was awarded the Registered Nurses of Ontario Leadership Award in Nursing Education (Academic), and the prestigious Canadian Nurses Association Order of Merit for Nursing Education. In 2020, she was inducted as Fellow of the Canadian Academy of Nursing for her contributions to nursing in Canada.



Laureen Sommerey RN, BScN, MN, NSWOC, WOCC(C)

During her 40-year nursing career, Laureen's passion has been direct patient care. For the first 25 years, after graduating with a diploma in nursing, she worked in a variety of acute care areas, including surgery, pediatrics and ostomy/wound care. During this time, she completed her BScN and became a Nurse Specialized in Wound Ostomy and Continence. The 5 years spent as an NSWOC at a tertiary acute care hospital was a career highlight and sparked a passion for staff education. In 2014,

Laureen completed her Master in Nursing. She worked in a variety of education, management and leadership positions, including Clinical Nurse Specialist.

Laureen is currently employed part-time as Manager of Clinical Resources for Nightingale Medical Supplies where she provides clinical consultations for ostomy clients, as well as support and resources to other NSWOC consultants. She also work for Interior Health to provide assistance to the BC Provincial Skin and Wound Committee as Formulary Lead.



Speaker Evaluation

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Posters

Saturday, 9:00 AM 9:50 AM May 6, 2023

Concurrent Confederation II/III - Level 4

"What's Down Under?" Genital, Peri-genital, Perineal and **Perianal Skin Changes**

Abstract:

Genital, peri-genital, perineal and perianal wounds and skin changes can be a challenge to assess and provide a plan of care due to their location, the clients' habitus, and the embarrassment it can cause for patients. As a result, the etiology of these wounds can be difficult to determine, and healthcare professionals often continue to follow an initial care plan rather than refer. This presentation will begin with a brief overview of the initial assessment of the genital, perigenital, perineal and perianal area, including the clinical presentation of MASD (a form of contact irritant dermatitis) and Hidradenitis Suppurativa and when to rule it out. While this region of the body is often moist and MASD may be quite prevalent, there are many other possible etiologies that need to be considered when conducting your assessment of the patient and presenting wounds. These wounds can be the result of various types of infection, as well as underlying medical conditions (Lichen Sclerosis, Malignancies). Common skin conditions will be discussed including bacterial cellulitis, Herpes Simplex Virus, sexually transmitted diseases (Condylomas, Molluscum), and Hidradenitis Suppurativa.

Presented by:



Dr. R. Gary Sibbald MD., M.Ed., D.SC (Hon), FRCPC (Med)(Derm), FAAD, MAPWCA, JM



Erin Rajhathy RN, BScN, MCIScWH, NSWOC, WOCC(C)



Speaker Evaluation

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Posters

Dr. R. Gary Sibbald MD., M.Ed., D.SC (Hon), FRCPC (Med)(Derm), FAAD, MAPWCA, JM

Dr. Sibbald is a dermatologist and internist with a special interest in wound care and education. He is a professor of Medicine and Public Health at the University of Toronto and is globally recognized as an international wound care key opinion leader, educator, clinician and clinical researcher. He has over 200 publications and is co-editor and chapter author of the Chronic Wound Care 5 textbook. He is also co-editor in chief of Advances in Skin & Wound Care.

He was co-founder (1995) and Chairperson (1995-2000) of the Canadian Association of Wound Care and was the former Director of the Wound Healing Clinic at Women's College Hospital (1994 - 2009). He is also a previous president of the World Union of Wound Healing Societies (2008 - 2012). In 1999, he co-developed the International Interprofessional Wound Care Course and has been the director for 40 courses worldwide.

Dr. Sibbald received the Queen Elizabeth II Diamond Jubilee medal in 2013 and Honorary Doctor of Science from Excelsior College in 2014. He is an investigator for the Institute for Better Health at Trillium Health Partners. Currently he is the project ECHO lead (2018) for Ontario Skin and Wound tasked to develop interprofessional teams for all 14 Ontario Local Integrated Health Networks.

Erin Rajhathy RN, BScN, MCIScWH, NSWOC, WOCC(C)

Erin is a certified Nurse Specialized in Wound, Ostomy, and Continence (NSWOC) working as a Program Developer for NSWOC Canada programs. She is also the Director of Spanish programs for the Wound, Ostomy, and Continence institute where she is advancing and overseeing the WOC-EP Spanish program. Erin received her BScN from the University of Ottawa and her Master's of Wound Healing through the University of Western Ontario. She is now completing her PhD through Örebro University in Sweden.

Erin has held various leadership positions within NSWOC Canada including treasurer. She is currently the Core Program Lead for Community Engagement. She has participated in finance, policy and political action with the Registered Nurses Association of Ontario.

Erin is back and forth between Canada and Mexico where she is advancing specialized knowledge within the nursing profession by establishing a free clinic for locals and working with various healthcare professionals within the area to build capacity within the community.



Speaker Evaluation

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Posters

Saturday, **9:00 AM** May 6, 2023 **9:50 AM** Concurrent
Ontario - Level 3

High Output Ileostomies: Preventing Acute Kidney Injury

Abstract:

High output ileostomy can greatly impact patient morbidity, in particular the unappreciated affects on both short- and long-term renal function. In addition to this significant patient burden, health care costs are substantial, especially if patients are readmitted less than 28-days after their initial ileostomy surgery. The purpose of this session is to bring this important information to light and provide the clinician with strategic interventions to, most importantly, protect our patients' kidneys, and in doing so, keep health care costs down.

References / Bibliography:

- 1. Squeo GC, Parrish CR. High Output Ileostomies: Preventing Acute Kidney Injury. Pract Gastroenterol. 2022;Feb(2):28-39.
- 2. Rowe KM, Schiller LR. Ileostomy diarrhea: Pathophysiology and management. Proc (Bayl Univ Med Cent). 2020 Jan 30;33(2):218-226.
- 3. Bridges M, Nasser R, Parrish CR. High Output Ileostomies: the stakes are higher than the output. Pract Gastroenterol. 2019;Sept(9):20-33.
- 4. Fielding A, Woods R, Moosvi SR, et al. Renal impairment after ileostomy formation: a frequent event with long-term consequences. Colorectal Dis. 2020;22(3):269-278.
- 5. Loria A, Melucci A, Speranza J, et al. Acute Kidney Injury is a Common and Significant Complication Following Ileostomy Formation. Colorectal Dis. 2021 Sep 18.
- 6. Wentworth B. Fiber and Ileostomies: Evidence to Support? Pract Gastroenterol. 2019; Nov(11):42-48.

Presented by:



Carol Rees Parrish MS, RDN

Carol has 42 years of clinical experience; the past 32 of which have been spent specializing in nutrition support and GI disorders at UVA Health. Carol founded the Medicine Nutrition Support Team in 1991, developed the GI Nutrition Clinic, and is the co-founder of Nutrition Support Training and Webinar educational programs. Since 2003, she has been the nutrition series editor for the journal, Practical Gastroenterology and has published over 200 articles. She has numerous abstracts, publications, book chapters, and has given well over 300 GI & nutrition support presentations at the local, state, regional, national, and international level. Carol's passion in GI and nutrition support includes taking care of patients with short bowel syndrome, other malabsorptive disorders, high output ileostomies, enteral and parenteral nutrition support, pancreatitis, gastroparesis, and many others.



Speaker Evaluation

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Posters

Saturday, **9:00 AM** May 6, 2023 **9:50 AM**

Concurrent

Maple - Executive Level

The Role of Dietary Fibre in Preventing and Treating Functional Constipation

Abstract:

Teaching patients about healthy bowel habits and dietary strategies to normalize stool consistency is a fundamental component of any NSWOC treatment plan to prevent and treat constipation. Dietary fibre intake has a direct influence on bowel health but also has been linked to decreased risk of cardiovascular disease, improved glucose tolerance, and lower obesity rates. First-line prevention and treatment of constipation include adequate dietary fibre, as well as hydration and physical activity. This presentation will discuss assessment of constipation, the different types of dietary fibre, the Canadian recommendations on fibre intake, and the role of fibre in the prevention and treatment of constipation.

References

- 1. Kamp, K. & Heitkemper, M. (2022). Motility disorders. In J. Ermer-Seltun & Engberg, S. (Eds.). Core Curriculum: Continence Management. p. 454-483.
- 2. Kox, F., Mills, S., Strain, C., Ross, R.P. & Stanton, C. (2020). The public health rationale for increasing dietary fibre: Health benefits with a focus on gut microbiota. British Nutrition Foundation: Nutrition Bulletin: 45, 294-308.

Presented by:



Najwa Shbat RN, BScN, NSWOC, NCA



Laura Robbs RN, MN, NSWOC, WOCC(C), NCA



Speaker Evaluation

Wednesday

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Posters

Najwa Shbat RN, BScN, NSWOC, NCA

Najwa Shbat is a Nurse Specialized in Wound Ostomy and Continence (NSWOC) and a Nurse Continence Advisor (NCA) working at Hamilton Health Sciences as a skin, wound, and ostomy clinician. She worked as a Nurse Clinician-Continence in clinic, hospital, and community settings, as well as an NSWOC in the community. Najwa is also an academic advisor for the continence program with the Wound Ostomy Continence Institute.

Laura Robbs RN, MN, NSWOC, WOCC(C), NCA

Laura Robbs is a certified Nurse Specialized in Wound, Ostomy and Continence (NSWOC) and a Nurse Continence Advisor with a Master degree in nursing. She spent the last 22 years as a continence Clinical Nurse Specialist seeing patients with continence issues both in the clinic and hospital setting. Laura is currently semi-retired but still working part-time as a Clinical Nurse Specialist and also as the lead academic advisor for the continence program with the Wound Ostomy Continence Institute.



Speaker Evaluation

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Posters

Saturday, **9**: May 6, 2023 **9**:

9:00 AM 9:50 AM Concurrent
Les Saisons - Level 3

Peristomal Skin Management and Assessment Tool

Presented by:



Lina Martins RN, BScN, MScN, NSWOC, WOCC(C)

Abstract:

For people living with an ostomy, peristomal skin complications can be concerning and quite problematic. Evidence has shown that up to 88% of people with an ostomy suffer from these complications. A consistent approach to skin assessment supports clear communication and documentation about skin changes and helps to support a more effective and evidence-informed management plan.

During this session, a general approach to peristomal skin assessment and management will be discussed, highlighting some of the tools to support this.

References / Bibliography

- 1. Martins, L., Down, G., & Dissing Andersen, B., et al. (2022). The Ostomy Skin Tool 2.0: A new instrument for assessing peristomal skin changes. British Journal of Nursing, 31(8). https://doi.org/10.12968/bjon.2022.31.8.442
- Wound, Ostomy, and Continence Nurses Society. (2022). Core Curriculum Ostomy Management (2nd ed.). J. Carmel, J. Colwell, M.T. Goldberg (eds). G.D. Salvadalena, V. Hanchett. Chapter 16 – Peristomal Skin Complications. p.250-269.
- 3. Beitz, J., & Colwell, J. (2016). Management approaches to stomal and peristomal complications: A narrative descriptive study. Journal of Wound, Ostomy, and Continence Nursing, 43(3), 263-268.
- 4. Jemec, G. B., Martins, L., & Claessens, I., et al. (2011). Assessing peristomal skin changes in ostomy patients: Validation of the ostomy skin tool. British Journal of Dermatology, 164, 330-335.
- 5. Wound, Ostomy, and Continence Nurses Society. (2017b). Peristomal skin assessment guide for clinicians. Retrieved on Apr. 18, 2023 from https://psag.wocn.org/index.html#home



Speaker Evaluation

Wednesday

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Posters

Lina Martins RN, BScN, MScN, NSWOC, WOCC(C)

Lina Martins is a Clinical Nurse Specialist, certified Nurse Specialized in Wound, Ostomy and Continence (NSWOC) at London Health Sciences Centre in Canada. She graduated from Western University with a BSc/MSc in Nursing and completed her wound, ostomy and continence education through the Wound, Ostomy, Continence Institute (1999).

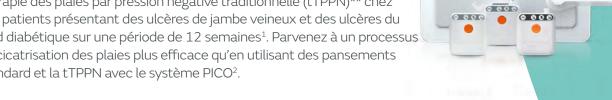
Lina has published on both wound/ostomy issues, inclusive of peristomal skin complications and a research validated/standardized peristomal skin tool. She was a panel participant in the development of RNAO Best Practice Guidelines for ostomy care, and most recently the NSWOCC Debridement BPR.

Lina is the NSWOC Canada, Editor-in-Chief for NSWOC Advance, and the Canadian Features Editor for JWOCN.

Lina provides consultation on acute/chronic wounds and ostomy care, with a specialized focus on fistula management and complicated stoma presentations. She is co-chair of an interdisciplinary team guiding wound/ostomy policy development. She advocates on behalf of patients across the continuum of care and provides leadership, mentorship, and education to staff/patients/students.

+ Résultats remarquables sur les plaies réfractaires

La thérapie des plaies par pression négative à usage unique PICO* s'est avérée réduire de manière significative la superficie de la plaie de 39,1 %† et sa profondeur de 32,5 %‡ par rapport à la thérapie des plaies par pression négative traditionnelle (tTPPN)** chez des patients présentant des ulcères de jambe veineux et des ulcères du pied diabétique sur une période de 12 semaines¹. Parvenez à un processus de cicatrisation des plaies plus efficace qu'en utilisant des pansements standard et la tTPPN avec le système PICO².



Smith-Nephew





Speaker Evaluation

Wednesday

Thursday

Friday

Saturday

Posters

Saturday, **9:00 AM** May 6, 2023 **9:50 AM**

Concurrent

Saskatchewan - Level 3

Sélection de produits: Panser de la tête aux pieds

Résumé:

Pour une prise en charge efficace d'une plaie, on doit déterminer les soins locaux à apporter à celleci après en avoir établi la cause et son potentiel de guérison. Les différents produits disponibles nous outillent dans l'atteinte de nos objectifs de soins locaux. Le but de cette présentation est de vous faire découvrir les principaux pansements et traitements utilisés à la clinique de plaies complexes de l'Hôtel Dieu de Lévis. La culture et les produits disponibles dans chaque milieu influencent les pansements sélectionnés. Cependant, les pratiques exemplaires doivent toujours demeurer en arrière-plan du processus décisionnel lors de l'élaboration du plan de traitement. Plusieurs histoires de cas ainsi que les produits utilisés pour chacune seront présentées.

Présenté par :



Mélanie FauteuxB.Sc.Inf,
Stomothérapeute

Mélanie Fauteux est infirmière clinicienne depuis 1996 et a travaillé en soins de longue durée, en chirurgie et en soins critiques avant de se spécialiser en stomothérapie. Elle a obtenu en 2010 un poste d'infirmière clinicienne en plaies et stomies à la Clinique des plaies complexes de l'Hôtel-Dieu-de-Lévis. En 2015, elle a également débuté comme conseillère académique pour le volet soins des plaies du cours en français offert par l'Institut d'enseignement en plaies, stomies et continence, partageant ainsi avec les étudiantes ses connaissances, son expérience et sa passion pour les soins des plaies.



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Saturday, **11:00 AM** May 6, 2023 **11:50 AM**

Concurrent
Les Saisons - Level 3

SOS (Solutions on the Spot): clinicians share complex case study to seek solutions from audience

11:00-11:20 | Debra Johnston RN, BScN, MN, NSWOC, WOCC(C)

62 year old male who had a radical cystectomy with ileal conduit creation in 2021. Large ventral hernia distorting shape of abdomen, obese, smoker, unable to see conduit. Pouching system will adhere for hours to maybe a couple of days (mostly because he will picture frame the pouching system on). Due to the constant leaking, pseudoverrucous lesions extending > 10-15 cm outwards from the stoma are present- and are also compromising the pouch seal. On his last clinic visit, he had MASD on his R upper thigh from urine. Seasonal worker, limited income, no benefits, provincial Ontario ADP coverage of \$980/ year does not begin to cover his expenses. Poor surgical candidate due to body habitus and co-morbidities. Poor QoL as he is always leaking. Bed is "soaked with urine"; wears an apron over his shirt and pants at work to cover the wet urine marks.

11:20-11:40 | Erin Rajhathy RN, BScN, MCIScWH, NSWOC, WOCC(C), PhD Student

Patient with a 2 year old Achilles tendon repair. Non-healing. Patient is 80 years old and ruptured his tendon. In emergency, was told by the physician it was not ruptured otherwise he would be in severe pain. A few months later, a PT diagnosed an Achilles tendon rupture. Referral to an orthopedic surgeon was completed. The wound was temporarily left open and a skin graft completed a few months later by a plastic surgeon. I was called and assessed this patient before Christmas 2022 and the wound was a pinhole over the Achilles tendon and draining mostly serous exudate. Vascular and lower limb assessment determined the wound to be healable. Each time moist wound healing was initiated, infection occurred. After multiple attempts at reaching both surgeons, they have each confirmed no foreign material was used in either surgery. The wife had taken photos and documented everything. In going through them we found gauze had been sutured into the wound post surgery and left for approximately 1 month, at which time it was removed prior to the skin graft. After much discussion with the family physician, the patient went for an ultrasound where it became evident a drain tube was left under the muscle. This would be a case of medical negligence and could discuss next steps e.g., primary, secondary, or tertiary closure, products, treatment modalities, etc.



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Saturday, **11:00 AM** May 6, 2023 **11:50 AM**

Concurrent

Confederation II/III - Level 4

Every Colour Matters: Assessment of Multicultural Skin Across Wound, Ostomy and Continence Nursing

Abstract:

The Canadian demographic is rapidly changing due to the influx the country has seen through its waves of immigration. The increase in population size accounts for more patients from different races and ethnic backgrounds. According to CLRI, in 2006, nearly 20% of the Canadian population was foreign-born. This number is expected to grow to 28% by 2031.

To achieve optimal health for patients while minimizing health disparities, it is essential to understand that symptoms and diagnosis differ and present differently in patients from underrepresented ethnic groups. One contributing factor to this misrepresentation is how health professionals acquire their knowledge. Although efforts have been made, textbooks, classrooms, and labs still lack a diverse approach that could increase the understanding of health issues faced by minorities. The focus of this presentation is to demonstrate how introducing diversity in healthcare through teaching and education can yield better health outcomes for patients with different ethnic backgrounds, specifically in the areas of skin and wounds.

Presented by:



Mildred Ababio RN, BScN, MBA, GNC (C)



Dr. Kevin Woo RN, PhD, NSWOC, WOCC(C), FAPWCA



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Mildred Ababio RN, BScN, MBA, GNC (C)

Mildred Ababio practices as an advanced practice nurse and holds a MBA from D`Youville University. She started her nursing career in neurosurgery at McGill University Montreal Neurological Institute-Hospital. She has since had the opportunity to work in various nursing specialties: emergency, hemodialysis, and psychiatry. She has also had the privilege of working with a diverse patient population in both urban and rural areas in Ontario and Quebec.

Mildred is a strong advocate for patient safety and high quality patient care. She has a contagious passion for education and throughout her leadership has mentored and facilitated the professional growth and development of her staff. Education and mentorship are synonymous with a passion for nursing.

Mildred is a natural born leader whose guidance has led to policy changes that improve efficiencies while maximizing performance in the clinical care setting. Mildred is well known amongst her peers for her energy, passion, problem solving skills and excellence in patient care delivery. She emulates warmth, humility, and compassion as she serves others and always expresses appreciation towards others for their efforts.

Dr. Kevin Woo RN, PhD, NSWOC, WOCC(C), FAPWCA

Dr. Kevin Woo is a Professor at Queen's University, Faculty of Health Sciences in Kingston, Ontario. He is known as a leading Canadian researcher in the areas of wound care and chronic disease self-management and has served on expert panels and advisory boards to develop best practice recommendations. He received the Journal of Wound Care's Best Diabetic Foot Ulcer Intervention Award in 2018. In 2020, he received the prestigious Order of Merit Award.

Dr. Woo has authored over 150 peer-reviewed journal articles and 19 book chapters. He maintains an active clinical practice as a wound care consultant. Dr. Woo is also the chair of the Joint Research Ethics Board for West Park Health Center and Toronto Grace Health Center in Toronto. He is the web editor for the Advances in Skin and Wound Care website. He also serves as the President of the Canadian Pressure Injury Advisory Panel.



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Saturday, **11:00 AM** May 6, 2023 **11:50 AM**

Concurrent
Ontario - Level 3

Virtual Consultation Tool Kit

Abstract:

COVID-19 pandemic brought many changes to personal and professional lives of Canadian healthcare professionals. The only option for many NSWOCs to continue providing help and support to clients with wound, ostomy and continence issues was through virtual care. Most NSWOCs and many employers did not have experience in this method of care provision, nor were systems in place to protect both the client and the healthcare provider. Canadian NSWOCs did what NSWOCs always do – figured out a way to support their clients. Individually, we learned a lot, from protecting client's privacy and information to gathering pertinent data without seeing a client in person.

In the fall of 2022, a group of NSWOCs came together to develop a tool kit to assist Canadian NSWOCs in safely providing virtual care in their practice. No longer are NSWOCs required to figure it out as they go, as many of us were forced to do in 2020. The NSWOCC Virtual Care Tool Kit contains documents, tools and templates and outlines considerations for implementing virtual care for clients with wound, ostomy and continence challenges. In this session, we will share some of our experiences with virtual care and highlight the content of the tool kit.

Presented by:



Carly St Michel RN, MScCH, BScN, WOCC(C), IIWCC, INTAPT



Laureen Sommerey RN, BScN, MN, NSWOC, WOCC(C)



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Carly St Michel RN, MScCH, BScN, WOCC(C), IIWCC, INTAPT

Carly has worked as an NSWOC in Northern Ontario for the past five years. She is passionate about supporting community care and is driven to improve accessibility and equity, particularly in rural areas where she works and calls home. Carly has a Master of Science in Community Health Degree in the Wound Prevention and Care Stream from the University of Toronto. She has achieved certification in Wound, Ostomy and Continence (WOCC(C)) through the CNA, International Interprofessional Wound Care Certification (IIWCC), and Interprofessional Applied Practical Teaching and Learning in the Health Professions Certification (INTAPT). She has participated in several NSWOCC committees and activities including updating the NSWOC Standards of Practice, revising the CNA certification preparation course and developing the virtual consultation toolkit. Carly enjoys learning and getting creative by finding new courses to take ranging from car seat installation, home video editing and baby sign language to pottery and project management.

Laureen Sommerey RN, BScN, MN, NSWOC, WOCC(C)

During her 40-year nursing career, Laureen's passion has been direct patient care. For the first 25 years, after graduating with a diploma in nursing, she worked in a variety of acute care areas, including surgery, pediatrics and ostomy/wound care. During this time, she completed her BScN and became a Nurse Specialized in Wound Ostomy and Continence. The 5 years spent as an NSWOC at a tertiary acute care hospital was a career highlight and sparked a passion for staff education. In 2014, Laureen completed her Master in Nursing. She worked in a variety of education, management and leadership positions, including Clinical Nurse Specialist.

Laureen is currently employed part-time as Manager of Clinical Resources for Nightingale Medical Supplies where she provides clinical consultations for ostomy clients, as well as support and resources to other NSWOC consultants. She also work for Interior Health to provide assistance to the BC Provincial Skin and Wound Committee as Formulary Lead.



Speaker Evaluation

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Posters

Saturday, 11:00 AM May 6, 2023 11:50 AM Concurrent **Birch - Executive Level**

Preceptorship - Shaping the Future for NSWOC

Abstract:

This presentation will highlight the benefits of the preceptorship experience for both students and preceptors; define the roles of the Placement Team; and explain what goes on behind the scene when Placement Coordinators arrange student placements.

Presented by:



Victoria McCallum RN, BScN, NSWOC



Christie Cowan RN, BScN, NSWOC, WOCC(C)



Nicole Denis RN. MN. NSWOC



Speaker Evaluation

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Victoria McCallum RN, BScN, NSWOC

Victoria McCallum is a Corporate Consult Nurse at The Ottawa Hospital, with extensive experience providing individualized care plans for patients with complex care needs. She holds a Bachelor of Science in Nursing from the University of Ottawa as well as a Wound, Ostomy and Continence Education Program certificate from the WOC-Institute. She is enrolled in the Master of Education (Health Professions Education) program at the University of Ottawa. Victoria also works for the WOC institute as a Student Placement Coordinator.

Christie Cowan RN, BScN, NSWOC, WOCC(C)

Christie graduated from The University of Ottawa BScN program in 2009. After spending 8 years in Medicine and the Intensive Care Unit, she completed the WOC program in 2017 and has been working as an NSWOC at The Ottawa Hospital ever since. Christie also works for the WOC institute as the Ontario Preceptor Placement Co-ordinator. In 2021, Christie began blogging about her pandemic experience as a nurse who was redeployed back to the ICU. Her blog and social media content began attracting media attention and led to her starting a podcast called "Beyond the Bedpan." She was quickly named a nursing advocate by her peers and the media. Christie interviews nurses from all areas with the goal of re-lighting a spark in the profession that many lost during the pandemic, as well as helping nurses explore other areas in the profession they could move to, instead of leaving the profession all together. On top of interviewing healthcare professionals, she also interviews people who have had experiences as patients, with a focus on learning their perspectives and thoughts during their time of needing care. In 2022, her work on social media and her podcast led to a nomination for the annual Hospital News Nursing Hero award, in which she placed 3rd. Christie has a passion for education and teaching and has learned to use social media to share her knowledge and help educate others such as her "Stoma September" and "Wound Wednesdays", which are both question and answer periods that been quite popular amongst her peers.

Nicole Denis RN, MN, NSWOC

In 1980, Nicole Denis was the first Enterostomal Therapy Nurse at the Ottawa General Hospital, now part of the Ottawa Hospital. She was the Editor of the Link, the official publication of the Canadian Association for Enterostomal Therapy (CAET) from 1988 to 1992 and the CAET President from 1992 to 1994. After chairing the AdHoc ETNEP development committee in 1995, she became the first Director of the bilingual CAET ETNEP from 1996 to 2002. From 2007 to 2013, Nicole was recruited as an Academic Advisor for the online French Ostomy Management and Wound Management courses. Following her retirement from clinical practice, in 2012, Nicole took on the new role of Preceptorship Manager for the CAET Academy, now the WOC Institute.



Speaker Evaluation

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Saturday, **11:00 AM** May 6, 2023 **11:50 AM**

Concurrent

Saskatchewan - Level 3

Research Spotlight: Effect of Electrical stimulation on the healing of lower leg ulcer: a systematic review

Abstract:

Clinical evidence strongly supports the use of electrical stimulation (ES) for improving wound healing rates for various wound types. However, there is a lack of systematic evidence of the efficacy of ES for venous leg ulcers. The objective of this study aimed to systematically review the literature on the efficacy of electrical stimulation for the treatment of venous leg ulcers. A systematic review of PubMed, CINAHL and Scopus was conducted to retrieve publications from 2016 to 2022. A manual search and reviewed reference lists from relevant studies were retrieved. Forty-five full articles were identified after reviewers applied a standard set of inclusion/exclusion criteria to 885 citations. Nine articles were included from various levels of research evidence.

Presented by:



Misty Stephens RN, MCISc(WH), BScN, NSWOC, WOCC(C)

Misty Stephens has been a Registered Nurse for 17 years, starting in surgical services and trauma care and completing her NSWOC education in 2016. She continues to advance her education finishing her Foot Care Nurse education in 2021 and then completing her Masters of Clinical Science in Wound Healing in 2022. Misty is the chair of the BC Provincial Nursing Skin and Wound Community of Practice and is an active participant in the development of many provincial decision support tools and procedures for skin, wound, ostomy and therapeutic surfaces. She supports two charities by volunteering her time on organizing committees for the Twins Cancer Fundraiser event and Myeloma Canada.



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Saturday, **11:00 AM** May 6, 2023 **11:50 AM**

Concurrent
Saskatchewan - Level 3

The Use of Rehabilitation Technologies for the Prevention and Management of Pressure Injuries

Presented by:



Sharon Gabison PhD, MSc, BScPT, BSc, IIWCC

Dr. Gabison is an IIWCC trained physical therapist and the Hallisey Affiliate Scientist in pressure injury and home care research at KITE, Toronto Rehab – University Health Network. Her research is focused on the development and evaluation of tools and technologies to support individuals at risk of developing pressure injuries and the caregivers who support them. This interdisciplinary research combines engineering, computer science and healthcare and takes place in the community, in rehabilitation settings and in complex continuing care environments. Dr. Gabison uses both quantitative and qualitative methods and approaches while engaging patients, families, caregivers and the community throughout the research cycle. Through this research, the hope is to equip individuals at risk of developing pressure injuries and the caregivers who support them with tools and technologies in order to reduce unnecessary pain and suffering.



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Saturday, **11:00 AM** May 6, 2023 **11:50 AM**

Concurrent

Maple - Executive Level

Prise en charge et soins des pessaires

Résumé:

Au cours de cette présentation nous examinerons les indications pour l'utilisation des pessaires et les soins à apporter à ceux-ci. Nous terminerons avec la gestion des complications reliée aux pessaires.

Présenté par :



Chantal Chabot BScN, IPSSP, NCA

Chantal a obtenu son baccalauréat en sciences infirmières en 1994 à l'Université d'Ottawa, elle pratique ensuite 4 ans comme infirmière en santé publique. Elle amorce une pratique infirmière misant sur l'autonomie professionnelle comme infirmière communautaire dans les communautés inuites et autochtones du Nunavut et du nord de l'Ontario. Elle poursuit sa lancée et s'envole pour l'Afrique pour réaliser son rêve de s'engager avec Médecins sans frontière (MSF) ce qui lui donnera l'occasion de participer à 4 missions différentes. En 2007, après avoir fondé sa famille, elle complète son cours d'infirmière praticienne (IP) en soins de santé primaire à l'Université d'Ottawa; elle obtient également quelques années plus tard son diplôme d'infirmière conseillère en continence de l'Université de McMaster. Depuis, elle pratique à l'hôpital Montfort comme IP avec la clientèle gériatrique. Elle est également responsable d'une clinique de continence/pessaire hebdomadaire.



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Posters

Saturday, **12:00 PM** May 6, 2023 **1:00 PM**

Plenary

Confederation II/III - Level 4

Power Lunch: "Experience Less Complexity with Soft Convexity: A Clinician Perspective" | Sponsored by Hollister Limited

Abstract:



NSWOC nurses are best positioned to make positive impacts to the lives of the patients they care for. Unfortunately, people living with a stoma who experience leakage and peristomal skin complications have a decreased quality of life. NSWOC nurses, surgeons and home care nurses have the responsibility to be proactive in their practice and consider products designed to provide security with a pouching system to support healthy peristomal skin.

This panel discussion symposium, led by a moderator, will discuss the use of soft convexity earlier in a patient's journey with the health care team who strive to achieve positive outcomes and set their patient's up for success from the start.

In this presentation, the participant will:

- 1. Illustrate use of soft convexity in the intraoperative, postoperative and discharge settings
- 2. Describe patient outcomes using soft convexity in acute and home care settings

Presented by:



Rosemary Hill RN, BScN, CWOCN, WOCC(C)



Luce Martineau RN, BScN, NSWOC, WOCC(C)



Deborah Abner MScN(A), NSWOC, WOCC(C)



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Rosemary Hill RN, BScN, CWOCN, WOCC(C)

Rosemary Hill has been a Registered Nurse for over 35 years, now working at Lions Gate Hospital as a Nurse Specialized in Wound Ostomy and Continence. Rosemary is the recipient of the Award of Excellence in Practice from the Association of Registered Nurses of British Columbia (ARNBC). Her past volunteer activities include the role of President for Nurses Specialized in Wound Ostomy Continence Canada from 2016 to 2018. She is a member on the British Columbia Provincial Skin and Wound Committee, continues to chair the Provincial Ostomy Committee, and is an expert speaker at national and international events. Most recently volunteer activities have taken her to Argentina where she provided wound education.

Luce Martineau RN, BScN, NSWOC, WOCC(C)

Luce Martineau is a Nurse Specialized in Wound, Ostomy and Continence (NSWOC) at the Integrated Health and Social Services Network for the Lanaudière Region in Quebec. In addition to her daily inpatient and outpatient practice during the past 23 years at the Lanaudière Hospital Center, including 10 years as an NSWOC nurse, she has spoken at conferences across Quebec and her desire to share her knowledge with her colleagues and peers drives her passion for her specialty on a daily basis. Her track record speaks volumes: speaker, mentor, recipient of several awards, collaboration on a website that has become a reference on vascular health and member of the best practices editorial board of the Wound, Ostomy and Continence Institute of Canada. Nothing less! She has a great deal of contagious energy and has been involved in many health care projects that have improved patient outcomes in her region. Most recently, Luce was an author for content in a newly released two volume French wound care textbook, Exemplary Practices in Wound Care: From Novice to Expert.

Deborah Abner MScN(A), NSWOC, WOCC(C)

Deborah Abner has a Master of Science in Nursing from McGill University and holds certification in Wound, Ostomy and Continence. She is currently a Clinical Nurse Specialist in Skin, Wound and Ostomy management at the Integrated Health and Social Services University Network for West-Central Montreal which comprises 1 teaching hospital, 2 community hospitals and 7 long term centers and 3 community care centers. Deborah works with two other NSWOC. She has previously worked in a university teaching hospital for 24 years and 17 years in wound and ostomy before moving to the CIUSSS in 2017.



Speaker Evaluation

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Posters

Saturday, **1:00 PM** May 6, 2023 **1:50 PM**

Plenary

Confederation II/III - Level 4

Indigenous Learning Circle - Sharing Circle: a proposed solution for disseminating culturally safe WOC knowledge

Abstract:

Background: Indigenous ways of knowing and sharing knowledge date back to the days of Turtle Island (Bowra et al., 2020). Community orientated learning has been passed on through storytelling and a level of connectedness that goes unseen in the urban hustle and bustle of modern time (Redvers et al., 2022). Indigenous communities across the country are regaining their autonomy and empowering their members through the revival of traditional knowledge that serves the population. For Indigenous people, there is an inequity that must be addressed in order for outcomes to be improved, but where to start and how to address it can be challenging for health service providers and educators.

Proposed solution: Sharing Circle is a web space created with the intention of curating resources and information to support NSWOCs and other health professionals with wound, ostomy, and continence health. #19 and #22 of the "Calls to Action" as outlined by the Truth & Reconciliation Committee (National Centre for Truth and Reconciliation, 2015) can be acknowledged through this solution by enhancing access to safe information, as well as empowering the co-creation of knowledge through the voluntary submission of content. With two-eyed seeing in mind regarding co-creation, Indigenous health care workers and receivers were surveyed voluntarily to guide the future of the Sharing Circle to include products (resources, education, handouts) that will be developed in conjunction with the NSWOC ICP (Bartlett et al., 2012.

Possible Implications: As part of quality improvement and content validation processes over time, the ICP and Sharing Circle administrators will survey and study over the next few years to determine if providers and patients perceive improved access to information. This will prove fruitful in determining feasibility and effectiveness of this solution and will aid in future versions of the website to ensure a natural and Indigenous-led evolution of the content and how it is disseminated.

References:

- 1. Bartlett, C., Marshall, M., & Marshall, A. (2012). Two-Eyed Seeing and other lessons learned within a co-learning journey of bringing together indigenous and mainstream knowledges and ways of knowing. Journal of Environmental Studies and Sciences, 2(4), 331–340. https://doi.org/10.1007/s13412-012-0086-8
- Bowra, A., Mashford_Pringle, A., & Poland, B. (2021). Indigenous learning on Turtle Island: A review of the literature on land_based learning. The Canadian Geographer / Le Géographe Canadien, 65(2), 132–140. https://doi.org/10.1111/cag.12659
- 3. National Centre for Truth and Reconciliation. (2015). Truth and reconciliation commission of Canada: Calls to action. Truth and Reconciliation Commission of Canada, 20. Retrieved from http://trc.ca/assets/pdf/Calls_to_Action_English2.pdf
- 4. Redvers, N., Celidwen, Y., Schultz, C., Horn, O., Githaiga, C., Vera, M., Blondin, B. (2022). The determinants of planetary health: an Indigenous consensus perspective. The Lancet Planetary Health, 6(2), e156–e163. https://doi.org/10.1016/S2542-5196(21)00354-5



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Presented by:



Michelle Buffalo RN, BScN, NSWOC, WOCC(C)

"Michelle is proud of her Cree familial roots and is a member of Samson Cree Nation, one of the four large First Nations Communities in Maskwacis, Alberta. It is a Treaty 6 First Nations Territory, and is also the community in which her late mother grew up.

She obtained her nursing degree from the University of Alberta, Grande Prairie Regional College Collaborative program in 2010. After years of working in rural and community settings she journeyed forward and graduated the NSWOCC-WOC EP program in May 2021 and soon after obtained her WOCC CNA Certification.

Her nursing background and experience includes working in a variety of settings such as rural and remote nursing, emergency, geriatrics, and medical/surgical areas. She has worked alongside Indigenous Peoples for most of her nursing career in community, urban and fly-in nursing settings. She has been a Team Lead and WOC Consult Nurse.

Michelle has engaged in the NSWOCC Indigenous Wound, Ostomy, and Continence Health Core Program since 2018, when she was an NSWOC student. The program has been valuable in enhancing her clinical knowledge base and understanding of current issues, and has facilitated collaborative relationships with other nurses across Canada, whom work with Indigenous Peoples and their communities.

She is honored to be a continuing member of the NSWOCC Indigenous Wound, Ostomy, and Continence Health Core Program, a program that continues to make positive changes that impact and improve the health and lives of Indigenous Peoples across Canada.



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Bev Smith RN, BScN, NSWOC, WOCC

Bev is originally from Nova Scotia and is proud of her Mi'kmag heritage and her ancestors who called Potlotek First Nations their home. Bev attended the University of Alberta where she graduated with a Bachelor of Science in Nursing. In 2008 Bev completed the WOC Institute ET Program, then she took an Educator- NSWOC position in Supportive Living in Edmonton, where she has worked now for over 15 years. Bev's main focus is wound prevention and lower leg edema management. She works on several provincial wound care committees and provides staff education and mentorship. In 2018 Bev accepted the role as Leader of the NSWOCC Indigenous Wound, Ostomy & Continence Core Program. She leads this interdisciplinary group of passionate individuals from across the country with the goal of helping to improve access to wound, ostomy and continence health care and supplies for all Indigenous people in Canada. Bev has presented on several webinars, podcasts as well as co-authored journal articles related to Indigenous wound, ostomy and continence health. In 2022 Bev was the proud recipient of NSWOCC President's Award.



Jeremy Caul RN, BScN, MCISc(WH), CDE

Jeremy is a Registered Nurse with a graduate degree in wound healing. He is experienced in chronic disease and wound management and diabetes education. Jeremy has worked with a predominantly Indigenous population, now supporting First Nations and Inuit Home and Community Care in Ontario region as a Nurse Advisor. Jeremy lives and works in Sioux Lookout, a health hub to 30+ First Nations in the remote Northwest.



Speaker Evaluation

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Posters

Saturday, **2:00 PM** May 6, 2023 **2:50 PM**

Infection and Wounds

Abstract:

Hard-to-heal wounds have become increasingly common. The global prevalence of diabetic foot ulcers is estimated at 6.3%, while venous ulcers affect up to 3 per 1000 people [1]. Delayed wound healing can cause a significant decline in quality of life, and lead to complications such as need for surgical debridement or amputation, sepsis, and death [2]. Delayed wound healing also leads to improper administration of systemic antibiotics, which risks increased side-effects, increased incidence of resistant microorganisms, and incurring greater costs related to nursing and administration [3, 4, 5].

In this presentation, we will review the pathophysiology of wound healing, and in particular conditions which lead to "chronic" wound or "granulitis" [6]. We will discuss how an ID physician approaches assessment of a wound as well as how to clinically diagnose and treat infections, such as osteomyelitis. Recent literature on use of intravenous versus oral antibiotics will be presented. Use of topical agents will also be reviewed, particularly in treatment of biofilms. Finally, the role of the ID physician in the multi-disciplinary approach to non-healing wounds will be highlighted.

References / Bibliography

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- Versey, Z., da Cruz Nizer, W. S., Russell, E., Zigic, S., DeZeeuw, K. G., Marek, J. E., Overhage, J., & Cassol, E. (2021). Biofilm-Innate Immune Interface: Contribution to Chronic Wound Formation. Frontiers in Immunology, 12.
- 3. Gardner SE, Haleem A, Jao YL et al.. Cultures of diabetic foot ulcers without clinical signs of infection do not
- predict outcomes. Diabetes Care 2014; 37(10): 2693-2701.
- 4. Gürgen M. Excess use of antibiotics in patients with non-healing ulcers. EWMA Journal 2014; 14(1): 17–22.
- 5. Azevedo MM, Lisboa C, Cobrado L et al.. Hard-toheal wounds, biofilm and wound healing: an intricate interrelationship. Br J Nurs 2020; 29(5): S6–S13.
- 6. Murphy C, Bowler P, Chowdhury MF. 'Granulitis': defining a common, biofilm-induced, hyperinflammatory wound pathology. J Wound Care, 2023; 32 (1): 22-28.

Presented by:



Dr. Fahad Chowdhury MD, FRCPC

Dr. Chowdhury completed his Medicine Residency and Infectious Diseases (ID) Fellowship at the University of Ottawa. During his training, he maintained interest in wound care and pursued extra training in the Limb Preservation Clinic. There he appreciated the multidisciplinary approach to treating slow-to-heal wounds. His current research interests include management of biofilms in lower-extremity ulcers. Dr. Chowdhury has been involved in educating medical trainees of all levels, particularly in the clinical setting and is involved in a quality improvement project with a resident trainee. Alongside the Ottawa Hospital, he also works as an ID specialist at 2 local community hospitals, and also runs his own private General ID clinic.



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Posters

Saturday, May 6, 2023 2:00 PM 2:50 PM

Concurrent
Ontario - Level 3

Senior Nurses Navigating Leadership in Homecare

Abstract:

Constraints exist in home care organizations that challenge senior nurses in their daily transactions and negotiations. Tensions arise from living with two sets of values and knowledge (nursing and management). This dual positioning, with expertise and agency grounded in both executive and nurse identities, illustrates the complexity of the senior nurse role. To better understand this complex duality, this presentation will provide results from a doctoral study examining the overt and covert power, knowledge, and ignorance dynamics within homecare organizations. Senior nurses disclosed how sharing nursing, patient care, and homecare information was critical to their ability to function effectively. They described how they were shaped to act in specific ways within the homecare organization, managing knowledge flows, interruptions, and obstacles. They also illustrated how they controlled information by performing at their discretion.

This presentation will explore and expose institutional knowledge and ignorance dynamics that remain largely concealed and unchallenged yet integral to understanding senior nurses' moral, socio-professional, political, and epistemic agency. We will see how senior nurses become strategic agents in how specific knowledge is deemed legitimate and dominant and others less so in homecare organizations.

Presented by:



Lisa Ashley RN, CCHN(C), MEd, PhD (C)

Lisa is a self-employed RN focusing on community health nursing and health care policy and planning. She is currently working on her PhD in nursing focusing on nurse executives in home healthcare organizations. Lisa's career has led her to critically explore the social and organizational phenomenon of how healthcare institutions are structured through concepts of knowledge, non-knowledge, discourse, identity and power. Prior to working on her PhD, Lisa was a Senior Nurse Advisor at the Canadian Nurses Association. Her work at CNA involved being responsible for their leadership and professional development, programs, and advancing nursing policy priorities with a focus on community and primary healthcare. Lisa has also worked as a Clinical Nurse Specialist in Public Health, a district home healthcare nurse, a Home Care Case Manager, and a Primary Care RN in Orthopedics. Lisa lives in Ottawa, ON and is the mother of triplets.



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Saturday, **3:00 PM** May 6, 2023 **6:00 PM**

Separate Registration Event **Les Saisons - Level 3**

Dermatology Program for Advanced Healthcare Professionals: Translating New Knowledge to Practice

Abstract:

New to our program this year is a separate accredited Dermatology Program for advanced health care practitioners. This session, aimed at Nurses Specialized in Wound, Ostomy and Continence (NSWOCs), physicians (family medicine and general practitioners), nurse practitioners, nurses, allied health professionals (pharmacists, occupational and physical therapists, etc.), will review common diagnosis and treatments for the non-dermatologists.

Presented by:



Dr. R. Gary SibbaldMD., M.Ed., D.SC (Hon),
FRCPC (Med)(Derm),
FAAD, MAPWCA, JM



Dr. Rachel Asiniwasis MD, FRCPC (Med)(Derm)



Dr. Tad Pierscianowski MD, FRCPC



Dr Sylvia Martinez-Cabriales MD, Dermatologist



Speaker Evaluation

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Dr. R. Gary Sibbald MD., M.Ed., D.SC (Hon), FRCPC (Med)(Derm), FAAD, MAPWCA, JM

Dr. Sibbald is a dermatologist and internist with a special interest in wound care and education. He is a professor of Medicine and Public Health at the University of Toronto and is globally recognized as an international wound care key opinion leader, educator, clinician and clinical researcher. He has over 200 publications and is co-editor and chapter author of the Chronic Wound Care 5 textbook. He is also co-editor in chief of Advances in Skin & Wound Care.

He was co-founder (1995) and Chairperson (1995-2000) of the Canadian Association of Wound Care and was the former Director of the Wound Healing Clinic at Women's College Hospital (1994 - 2009). He is also a previous president of the World Union of Wound Healing Societies (2008 - 2012). In 1999, he co-developed the International Interprofessional Wound Care Course and has been the director for 40 courses worldwide.

Dr. Sibbald received the Queen Elizabeth II Diamond Jubilee medal in 2013 and Honorary Doctor of Science from Excelsior College in 2014. He is an investigator for the Institute for Better Health at Trillium Health Partners. Currently he is the project ECHO lead (2018) for Ontario Skin and Wound tasked to develop interprofessional teams for all 14 Ontario Local Integrated Health Networks.

Dr. Rachel Asiniwasis MD, FRCPC.(Med)(Derm)

Dr. Rachel Asiniwasis is a dermatologist and early career clinician researcher based in Western Canada (her hometown of Regina, Saskatchewan). She is the founder of Origins Dermatology Centre, a combined model that services both the general population and provides outreach clinics (in-person and virtual care) for underserviced, remote and northern Indigenous (First Nations and Metis) communities. Some of Rachel's passion stems from her background, as she is Plains Cree and Saulteaux on her father's side. For about a decade her father attended residential school. Rachel, her father, and Dr. Sibbald have already joined forces at two annual Canadian Indigenous Skin Summits, calling attention to poorly addressed skin disease.

Rachel has a Master's of Science in Health Sciences, with focus on clinical and translational research, and has special interest in, common inflammatory dermatoses (atopic dermatitis, psoriasis), the holistic impact of skin disease, provision of virtual care, underserviced areas, and medical education. She is particularly interested in the translational interpretation and implementation of research with the ultimate goal of achieving tangible health outcomes. Currently she is working on education and research projects in the areas of atopic dermatitis, virtual care, and Indigenous and rural health in Western Canada.

Dr. Tad Pierscianowski MD, FRCPC

Dr Sylvia Martinez-Cabriales MD, Dermatologist



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Posters

Saturday, May 6, 2023

4:00 PM 4:45 PM Concurrent
Oak - Executive Level

The latest innovations in wound care — where do we start?

Abstract:

Innovations in wound management and related diagnostics has been a challenging puzzle for years. The key principles of accurate diagnosis and understanding the underlying cause remain integral in the treatment of chronic wounds. There are new advances coming from ongoing research that continues today. Impactful change may include new approaches to wound assessments, management and treatment algorithms that will change the paradigm. Innovations should ideally accelerate the healing process, reduce complications, reduce associated costs, and improve the quality of life for the patient.

Presented by:



Professor Dr. Michael Stacey

MD, MBBS, FRACS

Dr. Michael Stacey is a vascular surgeon who trained in Perth, Australia and moved to Canada in 2014. He is the Chief Medical and Executive Vice President (Academic) at Hamilton Health Sciences. Dr. Stacey has a long-standing research and clinical interest in chronic wounds, including venous leg ulcers, diabetic foot ulcers and pressure injuries. His research has spanned basic sciences, translational and clinical research. Dr. Stacey was the first chair of the Australian Wound Management Association, the founding president of the World Union of Wound Healing Societies. He has also supported research within Wounds Canada.



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Saturday, May 6, 2023 4:00 PM 4:45 PM Concurrent
Ontario - Level 3

Surgical Management of Parastomal Hernias

Presented by:



Dr Terry Zwiep MD, MSc, FRCSC

Abstract:

Parastomal hernias are common after the surgical creation of a stoma. With time, the defect in the abdominal wall through which the bowel and mesentery travel may enlarge and result in a hernia. A parastomal hernia may be asymptomatic, mildly symptomatic requiring non-surgical management, or very symptomatic and require surgical repair. Indications for repair include pain, poor ostomy pouching system fitting, recurrent bowel obstructions, and emergency indications including strangulation or incarceration. Surgical repair should include the use of mesh due to the high recurrence rate with tissue repairs and may be performed open or laparoscopically¹⁻³. Occasionally, the stoma needs to be resited if the abdominal wall defect is very large. Current guidelines and evidence do not support the routine use of prophylactic mesh placed around the stoma at the time of creation to prevent the development of a parastomal hernia³⁻⁵. All patients who are anticipating an ostomy should undergo stoma site marking preoperatively^{3,6,7}.

References / Bibliography

- 1. Hansson BME, Slater NJ, Van Der Velden AS, et al. Surgical techniques for parastomal hernia repair: A systematic review of the literature. Ann Surg. 2012;255(4):685-695. doi:10.1097/SLA.0b013e31824b44b1
- Hansson BME, De Hingh IHJT, Bleichrodt RP. Laparoscopic parastomal hernia repair is feasible and safe: Early results of a prospective clinical study including 55 consecutive patients. Surg Endosc Other Interv Tech. 2007;21(6):989-993. doi:10.1007/s00464-007-9244-6
- Davis BR, Valente MA, Goldberg JE, Lightner AL, Feingold DL, Paquette IM. The American Society of Colon and Rectal Surgeons Clinical Practice Guidelines for Ostomy Surgery. Dis Colon Rectum. 2022;65(10):1173-1190. doi:10.1097/DCR.0000000000002498
- Mäkäräinen-Uhlbäck EJ, Klintrup KHB, Vierimaa MT, et al. Prospective, Randomized Study on the Use of Prosthetic Mesh to Prevent a Parastomal Hernia in a Permanent Colostomy: Results of a Long-term Follow-up. Dis Colon Rectum. 2020;63(5):678-684. doi:10.1097/ DCR.00000000001599
- Sahebally SM, Lim TZ, Azmir AA, et al. Prophylactic mesh placement at index permanent end colostomy creation to prevent parastomal hernia—an updated meta-analysis. Int J Colorectal Dis. 2021;36(9):2007-2016. doi:10.1007/s00384- 021-03924-8
- 6. Hsu MY, Lin JP, Hsu HH, Lai HL, Wu YL. Preoperative stoma site marking decreases stoma and peristomal complications: A meta-analysis. J Wound, Ostomy Cont Nurs. 2020;47(3):249-256. doi:10.1097/WON.00000000000034
- 7. Zwiep TM, Helewa RM, Robertson R, et al. Preoperative stoma site marking for fecal diversions (ileostomy and colostomy): position statement of the Canadian Society of Colon and Rectal Surgeons and Nurses Specialized in Wound, Ostomy and Continence Canada. Can J Surg. 2022;65(3):E359-E363. doi:10.1503/cjs.022320



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Dr Terry Zwiep MD, MSc, FRCSC

Dr. Zwiep received his medical degree from the Schulich School of Medicine & Dentistry, where he subsequently completed a general surgery residency and a Master of Science in Surgery. Upon finishing his residency training, Dr. Zwiep attended the University of Ottawa for a colorectal surgery fellowship, and most recently completed a Master of Science in Quality Improvement and Patient Safety from the Institute of Health Policy, Management and Evaluation at the University of Toronto. His clinical and research interests include benign and malignant colorectal disease and quality improvement with a focus on pre-operative optimization and practice organization.



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Posters

Sunday, May 7, 2023

9:00 AM 11:00 AM Separated off-site registration event **Murray Street, Byward Market**

Pancakes, Posters and Publications

Presented by:

Abstract:



Writing for publication in nursing is essential to communicate knowledge and share expertise. In part, it is through the written work that knowledge is disseminated and transferred to clinical practice. Preparing a poster or manuscript can be labour intensive and may feel overwhelming to those new to the process. The purpose of this workshop is to demystify the writing process and increase the participants understanding of how to develop and submit a poster for presentation at a conference or a manuscript for publication.

Lina Martins RN, BScN, MScN, NSWOC, WOCC(C)

At the end of this session the participant will be able to:

- 1. Describe the steps for poster development
- 2. Describe the benefits of publishing
- 3. Choose an appropriate journal for submission
- 4. Understand the writing process
- 5. Comprehend the peer review process



5. Comprehend the peer review process

Participants are encouraged to come to the session with ideas for publication. Each participant is encouraged to bring their own laptop to the session.

References / Bibliography

- 1. Grif Alspach, J. (2017). Writing for publication 101: Why the Abstract is so important. Critical Care Nurse. 37(4) 12-15.
- 2. Gundogan, B., Koshy, K., Kurar, L., & Whitehurst, K. (2016). How to make an academic poster. Annals of Medicine and Surgery. https://doi.org/10.1016/j.amsu.2016.09.001
- Oermann, M. H. (2023). Writing for Publication in Nursing (5th ed.). Springer Publishing.
- 4. Russell Yancey, N. (2016). The challenge of writing for publication: Implications for teaching-learning nursing. Nurse Science Quarterly. 29(4), 277-282.
- 5. Wood, C. (2018). Writing for publication: Sharing your clinical knowledge and skills. British Journal of Nursing. 23(1), 21-23.

Dr. Kimberly LeBlanc PhD, RN, NSWOC, WOCC(C). FCAN



Louise Forest-Lalande

RN, MEd, ET



Speaker Evaluation

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Posters

Lina Martins RN, BScN, MScN, NSWOC, WOCC(C)

Lina Martins is a Clinical Nurse Specialist, certified Nurse Specialized in Wound, Ostomy and Continence (NSWOC) at London Health Sciences Centre in Canada. She graduated from Western University with a BSc/MSc in Nursing and completed her wound, ostomy and continence education through the Wound, Ostomy, Continence Institute (1999).

Lina has published on both wound/ostomy issues, inclusive of peristomal skin complications and a research validated/standardized peristomal skin tool. She was a panel participant in the development of RNAO Best Practice Guidelines for ostomy care, and most recently the NSWOCC Debridement BPR.

Lina is the NSWOC Cana

da, Editor-in-Chief for NSWOC Advance, and the Canadian Features Editor for JWOCN.

Lina provides consultation on acute/chronic wounds and ostomy care, with a specialized focus on fistula management and complicated stoma presentations. She is co-chair of an interdisciplinary team guiding wound/ostomy policy development. She advocates on behalf of patients across the continuum of care and provides leadership, mentorship, and education to staff/patients/students.

Dr. Kimberly LeBlanc PhD, RN, NSWOC, WOCC(C), FCAN

Dr. Kimberly LeBlanc is the Present Elect of the Canadian Nurses Association (CNA) and Academic Chair of the NSWOCC Wound, Ostomy and Continence Institute. She has a PhD in Nursing from Queens University and is an Adjunct Professor with the University of Western Ontario Masters in Wound Care Program, an Affiliate Lecturer at the McGill University School of Nursing, and an Honorary Senior Lecturer with Cardiff University. Dr. LeBlanc is a board member and past president of the International Skin Tear Advisory Panel. She has lectured nationally and internationally on wound and ostomy care and is considered an expert on wounds in the aging population. In 2016, Dr. LeBlanc was awarded the Registered Nurses of Ontario Leadership Award in Nursing Education (Academic), and the prestigious Canadian Nurses Association Order of Merit for Nursing Education. In 2020, she was inducted as Fellow of the Canadian Academy of Nursing for her contributions to nursing in Canada.

Louise Forest-Lalande RN, MEd, ET

Louise Forest-Lalande est une infirmière stomothérapeute de Montréal. Elle est connue pour son expertise en stomothérapie pédiatrique. Elle est activement impliquée dans les organisations d'infirmières en soins de plaie, de stomie et de continence. Elle a été présidente de l'AIISQ ainsi que du World Council of Enterostomal Therapists (WCET). Elle a enseigné et donné des conférences dans de nombreux pays. En 2019, elle a dirigé un projet en collaboration avec un groupe d'experts internationaux pour élaborer les lignes directrices mondiales sur les meilleures pratiques en matière de soins de stomies pédiatriques. Elle est conseillère académique pour le programme de continence de l'Académie de formation WOC, éditrice de la section francophone de l'Avancée de l'ISPSCC et membre de la communauté de pratique pédiatrique du NSWOCC.



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Clinicians French

Évaluation du temps de port et de l'intégrité de la peau péristomiale avec l'utilisation d'un champ protecteur à convexité souple infusé de céramides en contexte post-opératoire avec stomie.

Auteurs: Isabelle Dionne, RN, WOCC, Luce Martineau, RN, WOCC (C)

Clinicians English

Stories from the Community: Diabetes Related Foot care, Footwear and Socks – A Qualitative Visual Inquiry.

Author: Dr. Janet Lynne Kuhnke, RN, BA, BScN, MSc, NSWOC, DrPsychology

Muscle Pump Activator (MPA) Device: A Case Study of a traumatic foot injury with suspected arterial insufficiency.

Author: Sheri McPhee, RN, BScN, M.Ed, NSWOC, WOCC(C)

Utilizing International Consensus Panel Recommendations and a Clinical Decision Tree to improve Negative Pressure Wound Therapy (NPWT) Outcomes Author: Amanda Loney, BScN, RN, NSWOC, WOCC(C), IIWCC

Pessaries for Treating Pelvic Organ Prolapse & Stress Urinary Incontinence Author: Carolyn Richardson, RN, BSc, Master of Arts in Nursing (MAN), Nurse Continence Advisor

The Influence of Absorbent Products on Skin Integrity

Authors: Carly Lindsay, RN, BNSc, MCISC-WH, NSWOC, WOCC(C), Lauren Wolfe, BSN, MCISc-WH, NSWOC, CWOCN, Charline Ductan, RN, BScN, MCISc-WH, CGN(C), Kimberly LeBlanc, PhD, RN, NSWOC, WOCC (C), FCAN



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Exploring healthcare professionals' (HCP) perspectives on pressure injury (PI) prevention, management and education: a qualitative thematic synthesis. Authors: Nicole Cesca, BSc, MScPT, PT, PhD Student, Ann Szczepanski, MScPT, Walee Malik, MScPT, Manpreet Cheema MScPT, Brady Allen, MScPT, Tilak Dutta, PhD, Jill Cameron, PhD, Sharon Gabison, BSc, BScPT, PT, MSc, PhD

Improving Urinary Continence Care and Reducing Fall Rates in a Transitional Care Unit

Authors: Toba Miller, RN(EC), MScN, MHA, GNC(C), WOCC(C), Sherry Daigle, RN, MMgt, Lindsay Wilson, RN, MN, Andrea Trainor, RN, MSc(A)N, IIWC, WOCC(C)

Bedside Wound Rounds: A Quality Improvement Project

Authors: Toba Miller, RN(EC), MScN, MHA, GNC(C), WOCC(C), Shweta Jaitly, RN, MScN, IIWCC, Jennifer Bennett, RN, MSc, Marta Klepacze, RN, BScN, MN

A Patient Navigation Model to Improve Complex Wound Care Outcomes Authors: Helen Arputhanathan, MSc Wound Care (Australia), BScN, RN, IIWCC, NSWOC, WOCC(C), Jane Hyde, BScN, RN, IIWCC, NSWOC, WOCC(C), Temidayo Atilola, MCISc, RN, NSWOC, WOCC(C), R. Gary Sibbald, MD, MEd, BSc, DSC (Hon), FRCPC (Med, Derm), FAAD, MAPWCA

COGNITIVE IMPAIRMENT AND LOWER LEG WOUNDS? CONSIDER EASY TO DON COMPRESSION AND PATIENT ADHERENCE: A CASE SERIES Author: Rosemary Hill, BSN CWOCN WOCC(C)

Dressed for Success: Prevention of Radiation Induced Skin Breakdown in Breast Cancer Patients Using Soft Silicone Film Dressings-Results of a Case Series with Patient Reported Outcomes

Author: Rosemary Hill, BSN CWOCN WOCC(C)

Access to Care for Persons who Inject Intravenous Drugs and Experience Abscesses: A Quality Improvement Community-based Initiative. Part 2. Authors: Dr. Janet L. Kuhnke, RN, BA, BScN, MSc, NSWOC, DrPsychology,



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Evaluation of wear time and skin health of a ceramide infused soft convex ostomy skin barrier after ostomy surgery

Authors: Isabelle Dionne, RN, WOCC, Luce Martineau, RN, WOCC (C)

Evaluation of a no touch hydrophilic intermittent catheter closed system for ease of use and prevention of contamination in a Canadian acute spinal cord injury rehabilitation center

Author: Darlene Domshy, RN

Understanding the Decision-Making Process of Nurses Managing Wounds: A Protocol

Authors: Corey Heerschap, MScCH, BScN, RN, NSWOC, WOCC(C), IIWCC, CMP, Erna Snelgrove-Clarke, PhD, RN, Pilar Camargo-Plazas, PhD, RN, Andrea Pokorna, PhD, RN, Kevin Woo, PhD, RN, NSWOC, WOCC(C), FAPWCA

To crust or not to crust

Authors: Deborah Abner, M.Sc.N., RN, NSWOC, IIWCC, WOCC(C), Arden Townshend, B.Sc.N., RN, NSWOC, WOCC(C)

Industry

The Role Community-Based Health Care Providers Play in Managing Hard-to-Heal Wounds

Authors: Kimberly LeBlanc, PhD, RN, NSWOC, WOCC (C), FCAN, Dimitri Beeckman, RN, TVN, PhD, Matthew Cooper, MD, MBA, FACS, FCAMA, Sonya Dick, DPT, CWS, Emily Greenstein, APRN, CNP, CWON-AP, FACCWS, Patricia Idensohn, MSc, RN, RM

Prevalence and Impact of Skin Injuries in New Ostomy Patients: Results From a National Clinician Survey

Authors: Kimberley LeBlanc, PhD, RN, NSWOC, WOCC(C), FCAN, Ruth Bryant, Ph.D., MS, RN, CWOCN, Matthew Kelly, PhD

Retrospective Real-World Comparative Effectiveness of Ovine Forestomach Matrix and Collagen/ORC in the Treatment of Diabetic Foot Ulcers

Authors: Brandon Bosque, DPM, CWSP, Kevin Woo, RN, PhD, Abigail Chaffin, MD, Mark Melin, MD, FACS, RPVI, Brian Lepow, DPM, Candace DeLeonardis, RN



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Clinical Effectiveness of Ovine Forestomach Matrix Graft in Challenging Lower Limb Reconstruction and Limb Salvage

Authors: Brandon Bosque, DPM, CWSP, M. Mark Melin, MD, FACS, RPVI, Nooshin Zolfaghari, DPM, MS, Richard Kaufman, DPM, Howie Que, DPM, Igor Zilberman, DPM

Implementing Continuous Diffusion of Oxygen in Long Term Care in Ontario Authors: Karen E Campbell, BScN, MScN, PhD, NSWOCC, WOCC(C), RN, Cathy Summers, RN, MN, NSWOCC student, Christina Sparling, BScN, RN

Establishing Wound Care Core Competencies to Promote Clinical Leadership in Home and Community

Authors: Wendy Mirander, RN, BSCN, NSWOC, Tanya Baker, RN BScN MN CHPCN(c) IIWCC

Working together to reduce the impact of pouch leakage upon the lives of patients and stoma care nurses

Author: Moira Evans, UK: Registered General Nurse, Tissue Viability Nurse, Stoma Care Nurse

Impact on Skin Health and Wear Time in the Neonatal and Pediatric Ostomy Population Using a Ceramide Infused Ostomy Barrier with Soft Convexity Authors: Stephanie Furtado, RN MCIScWH BScN NSWOC WOCC (C), Cindy Truong, RN, BScN, MN, CCNE, Christina Yadav, RN, BScN, NSWOC, WOCC(C), Tarik Alam, RN, BScN, NSWOC, MCISc(WH)

ConCaReTM Continence Care Registry: Using Longitudinal Data to Better Understand the Intermittent Self Catheterization (ISC) User Experience Authors: Jessica Simmons, DNP, APRN, FNP-C, CWON, DNC, Diane Newman, DNP, FAAN, BCB-PMD, Gina Porter, RN, NCA, Barbara Kearns, RGN, BA(Hons), BSc(Hons), DipHE & DipPM, Daniel Gordon, M.Sc Biostatistic, Mike Riemer, MS

Impact of adhesive-free wound dressing system on patient quality of life and dressing-related pain in hidradenitis suppurativa patients: pilot study Author: Leah McCallum. Sales and Marketing specialist



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Integrating thermography into an Nurse-led Inter-Professional Wound Care Team: An Educational Evaluation

Authors: Wanda Parrott, RN, BA, PMP, Lorrie Ann Scales, BScN, CSCMP, Tamara Spice, RN, Cindy Massey Straus, CSCMP, Kayla Lambie, BSc (Kin), MA, Rob Fraser, BScN MN RN

There is Nothing Like a Good Night's Sleep. How Living with an Ostomy May Affect Sleep.

Authors: Colleen Drolshagen, BSN RN APN CWOCN, Renee Malandrino, MSN RN CWOCN, Michael Riemer, MS

Enhanced Healing in Hard to Heal Wounds Using a Novel Tissue Regenerative Matrix

Authors: Paul F. Gratzer, B.A.Sc., M.A.Sc., Ph.D., P.Eng., Richard Bishop, MN, BScN, RN, IIWCC, Aaron N. Lo, MB BCh FRCSC, Dennis Jiang, MD HBSc FRCSC RPVI, Beverley Chan, MD, MSc, FRCSC, RPVI, Vincent Tsui, MD

Careful formulation techniques can ensure that pH controlled hypochlorous acid (pHA) wound cleansers remain stable in a tightly controlled pH range over its entire shelf life.

Authors: Debashish Chakravarthy, Ph.D, Thomas Wigniolle, MBA

EFFECT OF A LIPIDOCOLLOID DRESSING ON EXTRACELLULAR MATRIX SYNTHESIS

Authors: Debashish Chakravarthy, Ph.D, Thomas Wigniolle, MBA

The Ostomates Perspective of Accessory Use

Authors: Jason Thomas, Liz Hogben, Karen Spencer BN ET & Kim Smitka, BSN, RN, WOC